

Neuro Op Grand Rounds: Fields and Diplopia

South Dakota Optometric Association September 2017 James L. Fanelli, OD, FAAO

> <u>JamesFanelli@CEinItaly.com</u> faneleye@aol.com

Disclosures

- I have received honorarium from the following:
- Alcon
- Allergan
- CE in Italy
- · Heidelberg Engineering
- Review of Optometry

Course Goals

- Take something back to clinic that you can use
- Inform
- Interesting
- Maybe see something in





Key Areas of Investigation for Field Loss

- 1. Pre chiasmal
- 2. Chiasmal
- 3. Post chiasmal



Pre Chiasmal Field Loss

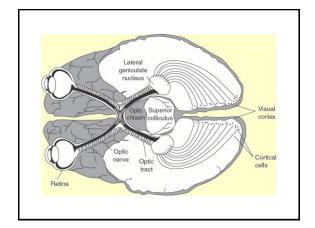
- Is always* unilateral
- Unilateral field loss is restricted to the
 - Globe
 - Retina
 - Optic nerve head
- Optic nerve to the chiasm
- Exception* is very posterior optic nerve lesion just at anterior chiasm
 - Contralateral nasal fibers after decussation enter the posterior portion of fellow ON

Chiasmal Field Loss

- Is always bilateral
- May be asymmetric
- Is either
 - Bitemporal
 - Binasal
- Medial optic chiasm = pituitary & 3rd vent
- Lateral optic chiasm = carotids and cavernous sinus

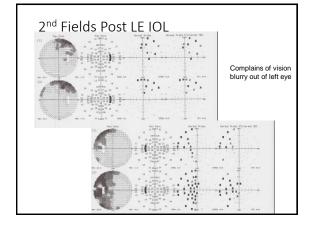
Chiasmal Field Loss

- If medial optic chiasm affected
 - Bitemporal field loss
 - Pituitary most likely, possibly 3rd vent
 - Above/below field defects
- · If lateral chiasm affected
 - Binasal field defect
 - · Carotid artery, cavernous sinus most likely



Patient JR Vision Loss OS

- 80 y/o white female
- Post Crystalens OD and OS
- History AMD OU
- Constant complaints of vision OS not as good as expected post implantation
- VA 20/30 20/80
- Fundus unchanged

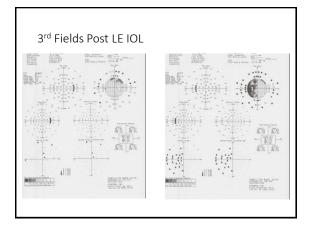


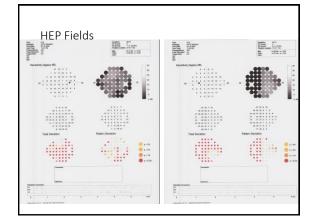
When things just don't add up

- That is a fact of medicine.
- Sometimes things just don't always add up.
- Patient in no acute distress, nothing imminently going on.
- Repeat studies, but don't wait too long

1 month later

- Complaints of vision out to left side no better, maybe worse
- VA 20/30 20/200 PHNI OD, OS, OU
- Pupils ERRLA (-) APD
- EOM's intact OU
- AT 16, 18
- Anterior segment: NL OU







Post Chiasmal Field Loss

- Is always bilateral
- Field loss is in left $\underline{\textit{or}}$ right hemifield
 - Homonymous
- Field loss is opposite the side of the lesion
- If VF loss more inferior, then parietal lobe
- If VF loss more superior, then temporal lobe

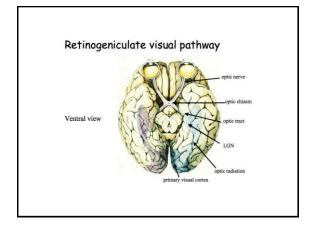
Post Chiasmal Field Loss

- Lesion closer to the chiasm
 Incongruous
- Lesion closer to occipital cortex
 congruous

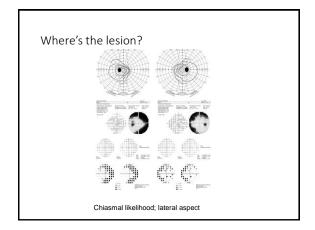
Post Chiasmal Field Loss

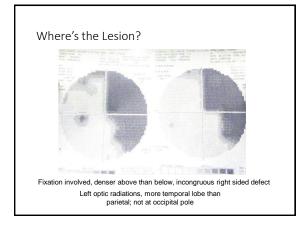
- Very congruous above and below, macular sparing
 - Occipital pole
- Cuneus
 - · Above calcarine fissure
- Inferior (L/R) homonymous quadrantanopsia
- Lingula

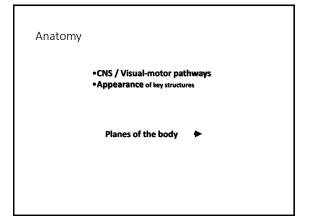
 - Below calcarine fissure
 Superior (L/R) Homonymous quadrantanopsia



Where's the lesion? Suspect pituitary origin







M. Buonarroti

- 1475-1564
- Painter, sculptor, architect, engineer
- An accomplished anatomist, at time when forbidden
- Michelangelo



M's Anatomy Lesson



Concealed Neuroanatomy in Michelangelo's Works in the Sistine Chapel. Suk, I, Tamargo, Rafael. Neurosurgery. May 2010 66: 851-61

M's Anatomy Lesson



M's Anatomy Lesson



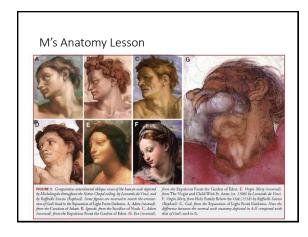


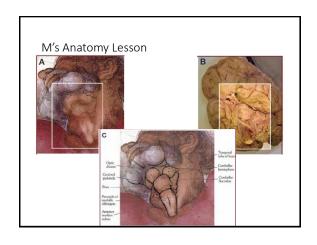
M's Anatomy Lesson



M's Anatomy Lesson





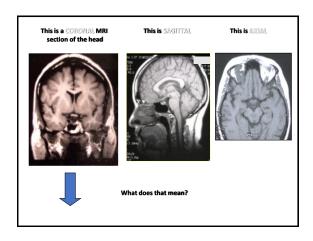


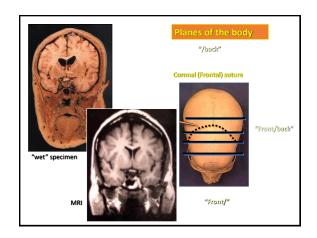


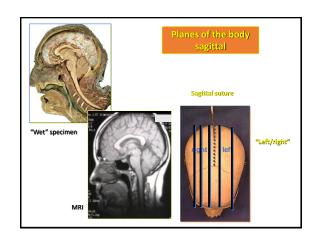


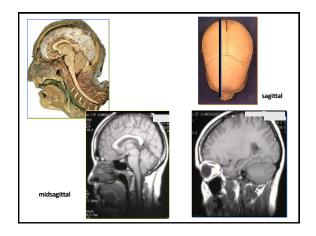
Don't Mess with Mike

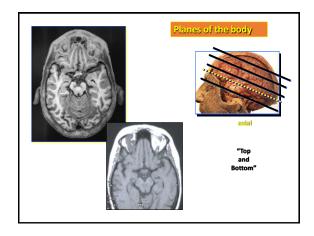
• When the Pope's own Master of Ceremonies Biagio da Cesena said "it was mostly disgraceful that in so sacred a place there should have been depicted all those nude figures, exposing themselves so shamefully, and that it was no work for a papal chapel but rather for the public baths and taverns," Michelangelo worked da Cesena's semblance into the scene as Minos, judge of the underworld. It is said that when he complained to the Pope, the pontiff responded that his jurisdiction did not extend to hell, so the portrait would have to remain.

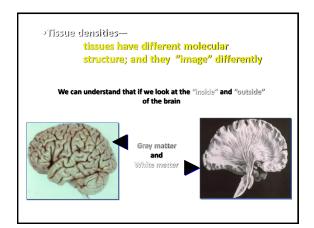


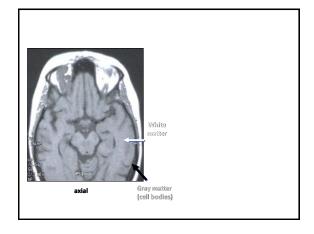


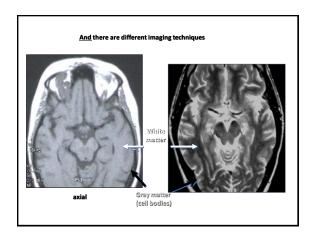


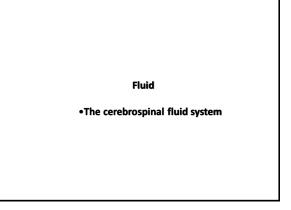


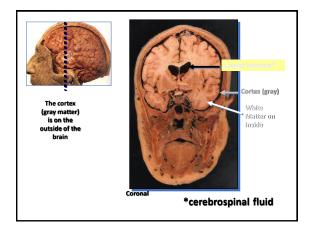


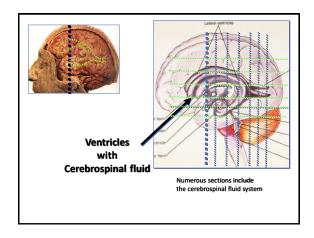


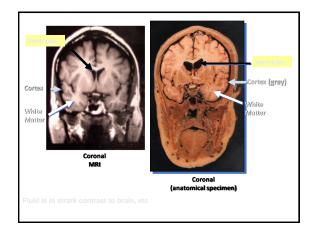


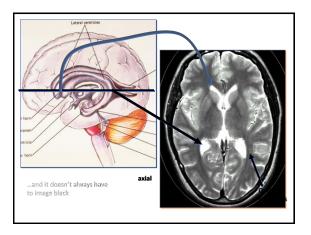


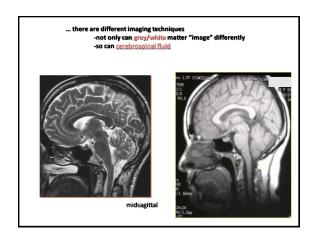


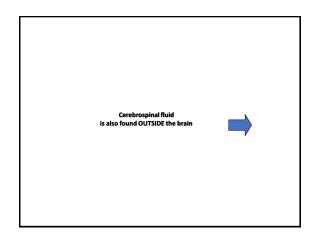


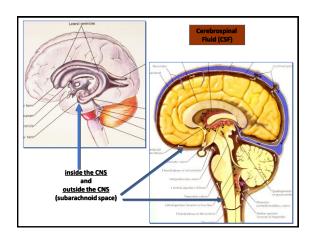


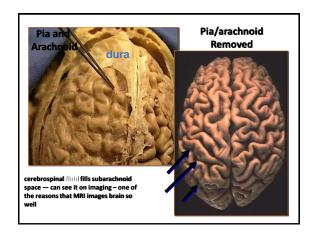


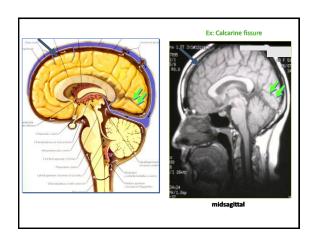


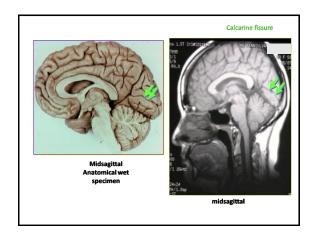


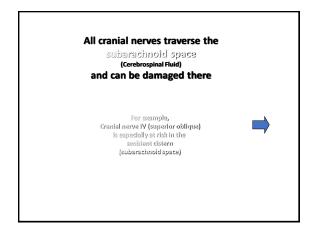


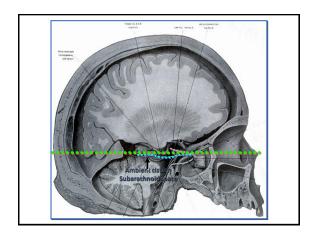


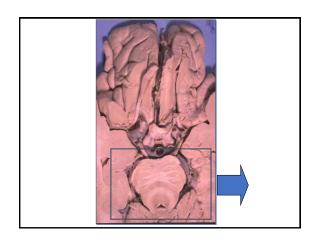


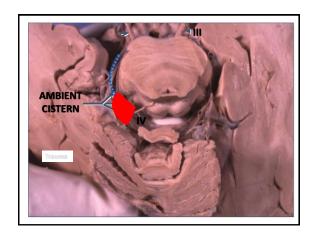














"THE FIRST 4 QUESTIONS"

- 1. WHO IS THE NEURO-OP ON CALL?
- 2. WHAT IS THEIR NUMBER?
- 3. HOW SOON CAN THE PATIENT BE SEEN?
- 4. WHAT DID THEY HAVE?

"THE FOUR QUESTIONS"

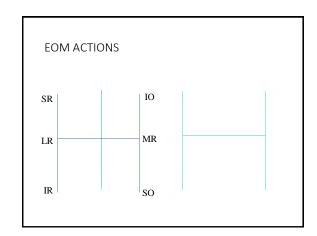
- 1. DOUBLE VISION WHEN COVER EITHER EYE?
- 2. "UP & DOWN" OR "SIDE BY SIDE"?
- 3. WORSE IN WHICH DIRECTION?
- 4. GREATER AT DISTANCE OR NEAR?

4 Questions We Should Ask

- 1-Is Double Vision Present with one eye covered?
 - · "Yes" eliminates neurologic etiologies
 - Usually a 'windows' problem
 - Media opacities
 Monocular diplopia

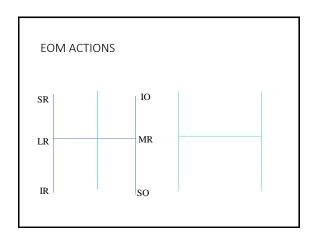
4 Questions We Should Ask

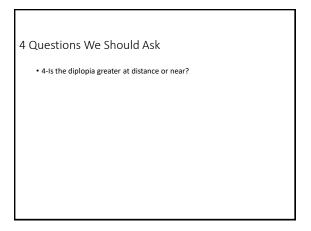
• 2-Does the Diplopia have a vertical component or a horizontal component

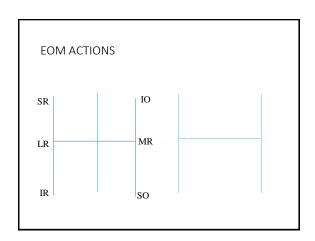


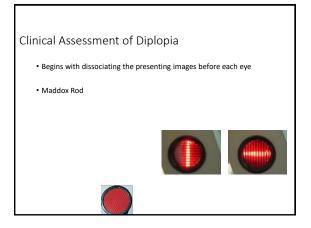
4 Questions We Should Ask

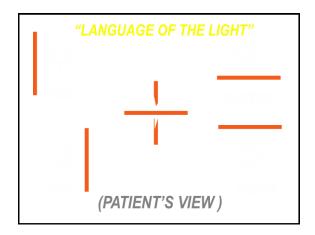
• 3-In which direction (R or L) does the diplopia worsen?





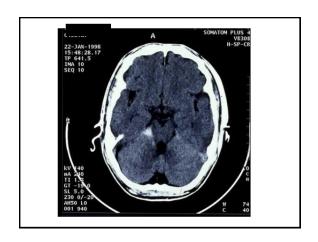






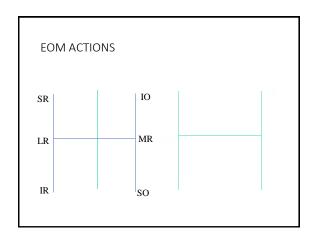


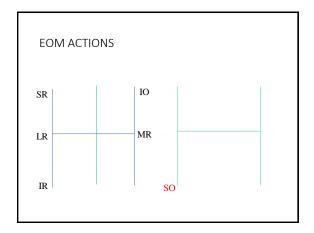


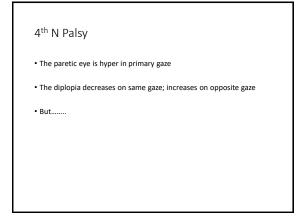


Fourth Nerve Palsies

4th N Innervation & Motility Innervation is easy: Superior Oblique Motility is more complex Both a horizontal AND vertical component AND.....a TORSIONAL component







Torsional Obliques

- · Remember this:
- SUPERIOR muscles INTORT
- INFERIOR muscles EXTORT



4th N and SO Muscle

- The SO is primarily an INTORTER
 - $\boldsymbol{\cdot}$ Compensating for a faulty intorter, one would TILT your head in the opposite





4th Nerve Palsies

- 4th N innervates only the superior oblique
- · Only CN to exit brain dorsally
- Diplopia will then be both horizontal and vertical Dinner diplopia
- Head tilt to the opposite side
- · Congenital or aquired
- · Aquired adults: trauma
- Aquired children: ominous sign if no trauma
- May be unilateral or bilateral

Etiology of Adult Superior Oblique Palsies (Mollan SP, et al. Eye 2009)

- •N = 150
- •133 unilateralisolated:
 - 38% congenital
 - 29% trauma
 - 23% vasculopathic
 - 7% undetermined
- •10 bilateral:
 - 50% trauma • 20% tumor
- 20% undetermined

- 7 unilateral complicated
 - 71% trauma

 - 14% undetermined

4th nerve palsies

- 40, 30, 20, 10 rule of ADULT 4th N palsy
 - 40% Trauma
 - 30% Idiopathic
 - 20% Vasculopathic
 - 10% Tumor / Aneurysm
- Due to congestion at the orbital apex, very unusual location to have an isolated 4^{th} N palsy

Third Nerve Palsies

THIRD NERVE PALSIES KEY POINTS

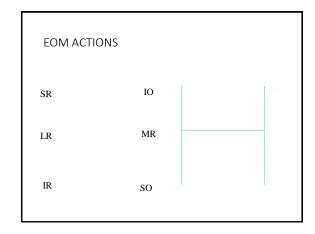
- MOTILITY SIGNATURE
- ANATOMICAL "ROADMAP"
- ABERRANT REGENERATION
- PUPIL, PAIN, PARESIS

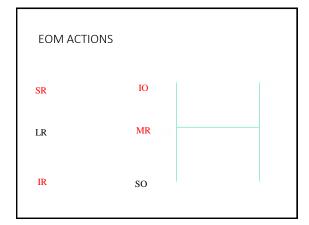
Third Nerve Palsies

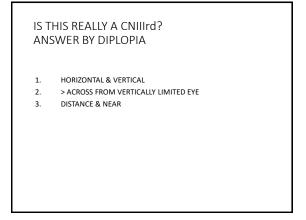
- CN III Innervates:
- SR • IR
- MR
- Levator
- Parasympathetic Iris (constrictor)

So What is Presentation

- Go back to the Physiological H
- Assuming a RIGHT CN III Palsy:







THE SIGNATURE OF CN III PARESIS

- HYPER DEVIATION WHICH INCREASES IN UPGAZE AND REVERSES IN DOWNGAZE
- EXO WHICH INCREASES ACROSS FROM THE VERTICALLY LIMITED EYE





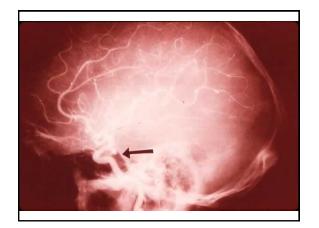








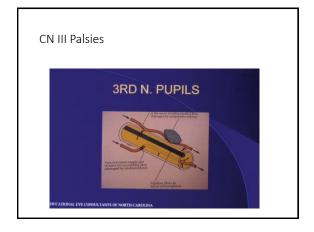


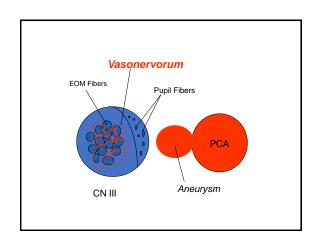


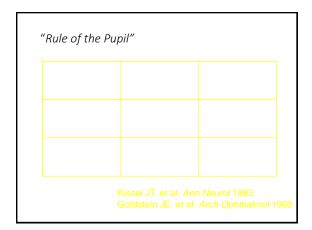
CN III Palsies

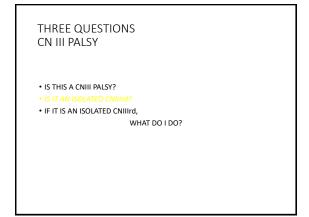
- Damage in subarachnoid space results in isolated CN 3 palsy that manifests as:
 - Diplopia

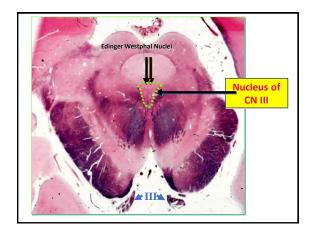
 - Ptosis
 Dilated pupil
- Usually caused by aneurysm at junction of posterior communicating artery and ICA
- Vascular CN III are pupil sparing..usually

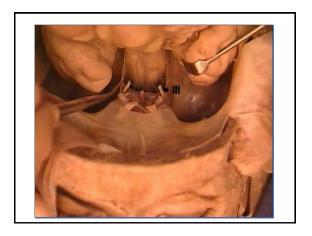


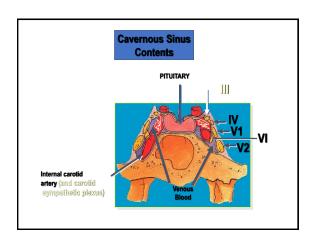


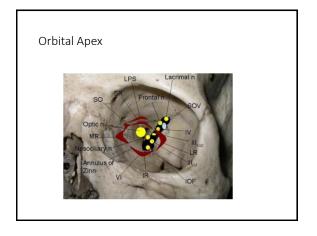






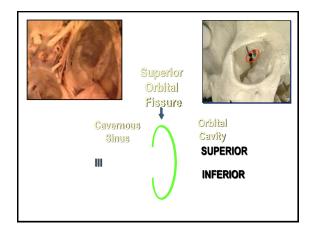


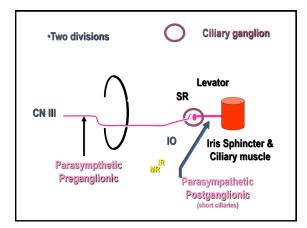




Non Isolated CN III Palsies

- Damage to CN III in the orbital apex, superior orbital fissure, or cavernous sinus result in unilateral CN III paresis, but often with ipsilateral CN 4 or 6 involvement
- Etiology in these cases is:
 - Metastatic Dz
 - Sphenoid wing meningioma
 - Pituitary abnormalities
 - Zoster
 - Carotid A aneurysm in Cavernous sinus

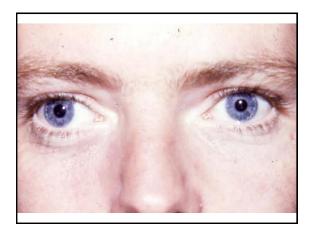




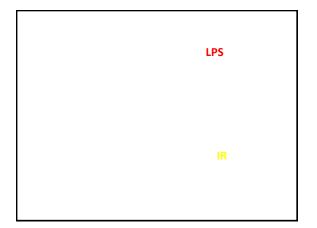
ABERRANT REGENERATION OF CN III

1.

- PSEUDO GRAEFE SIGN
- 2. EYELID SYNKINESIA
- 3. LIGHT-GAZE DISASSOCIATED PUPILS

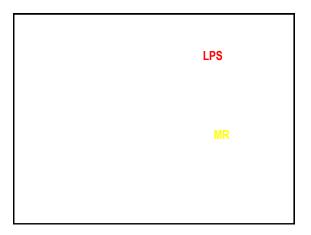


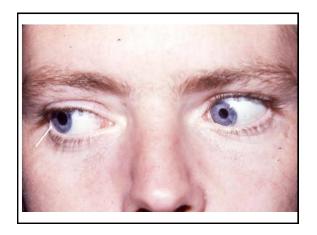














MR Pup

ABERRANT REGENERATION OF CN III

COMMON CAUSES:

ANEURYSM, TUMOR, TRAUMA

·UNUSUAL:

INFECTION/INFLAMMATION

•NEVER: DIABETES MELLITUS

THREE QUESTIONS CN III PALSY

- •IS THIS A CNIII PALSY?
- •IS IT AN ISOLATED CNIIIrd?
- •IF IT IS AN ISOLATED CNIIIrd, WHAT DO I DO?

ISOLATED IIIrd in KIDS

•CONGENITAL 44%

16%

•TRAUMA 16%

•INFLAMATION 11%

•MISCELLANEOUS 11%

NEOPLASM

• ANEURYSM 3%

• ISCHEMIA 3%

LOOK FOR ABERRANT REGENERATION!

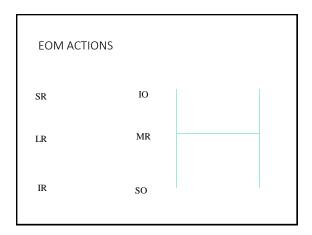
10%

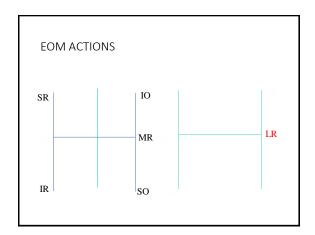
Neuroimaging for CNIII Palsy

- •Intra-arterial DSA
- CT Angiography
- •MR Angiography

CN VI Palsies

- \bullet CN VI innervates only the lateral rectus
 - Diplopia is strictly horizontal and patient has esotropia
 - Diplopia increases in horizontal gaze toward the paralytic muscle
- Often associated with HTN or DM





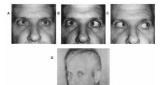
Motility Pattern

- Inability to Abduct, therefore paretic eye has eso posture IN PRIMARY GAZE
- Eso increases on gaze TOWARD paretic eye



Compensation for CN VI Palsy

• Since the paretic eye cannot Abduct and is eso, the patient will TURN THEIR HEAD to the SAME side



CN VI Palsies

- CN VI has a long climb up the clivus and is prone to compression
- Increased ICP will compress both CN VI's in the sub arachnoid space and result in bilateral VI paresis

 - These folks need imaging
 Often have bilateral papilledema



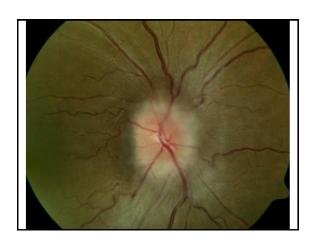
27 y/o AA Woman

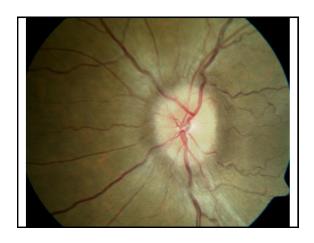
- c/o horizontal diplopia (right gaze > left)
- h/o recurrent headaches (am > pm)
- - 20/20 OD 20/20 OS

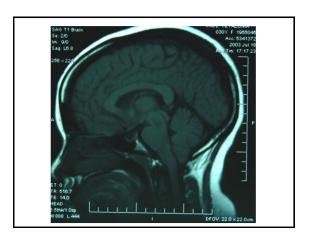


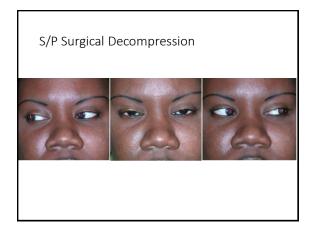


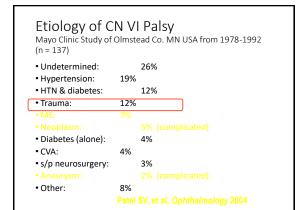












Non Isolated CN VI Palsies • If CN VII involved with a VI palsy, lesion is in brainstem at pons as VI and VII nuclei are next door neighbors • Stroke in adults • Demyelination in 20-40 year olds

Non Isolated CN VI Palsies

• If CN IV and or III involved, lesion in cavernous sinus

• Metastasis, aneurysm, CCF, zoster

