Advances in Ocular Surface Disease Management COPE#71296-AS

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Today's Objectives

"To be on the cutting edge of optometry, you need to be on the cutting edge of science and technology."

- Discuss current and future technologies in Ocular Surface Disease
- Consider how this technology will benefit your patients and your practice
- Consider would it change your diagnosis or treatment

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NP Dry Eye Evaluation

 58 YOWF presents for evaluation of dry eyes OU. It started about 8 years ago and symptoms are constant and severe. Both eyes burn, water constantly, are red all the time, and gritty feeling in the morning. She suffers from allergies uses OTC allergy meds and nasal sprays. Suffers from light sensitivity and decrease in vision. Previously tried liftegrast and cyclosporine 0.05% but it didn't help at all. Pt stopped using make-up but it didn't change anything. Pt is taking OTC artificial tears TID OU.

• Pt Hx: Allergies, HTN

• Meds: Diphyhydramine, ibuprofen, lisinopril, montelukast

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Clinical Exam

- SPEED 25
- BCVA:
- OD +0.50+0.50X170 20/20 • OS +0.50DS 20/20
- Tear Oz: 319/ 326
- MMP-9: + OU
- SLE: Mild blepharitis, granular secretions, 1+ injection,2+ Lissamine green, 2+ diffuse SPK, 4sec TBUT
- Schirmers 5/4

***What's Your Working Diagnosis???

4

Goals for Treatment

- Improve symptoms??
- Improve MGD??
- Reduce inflammation??

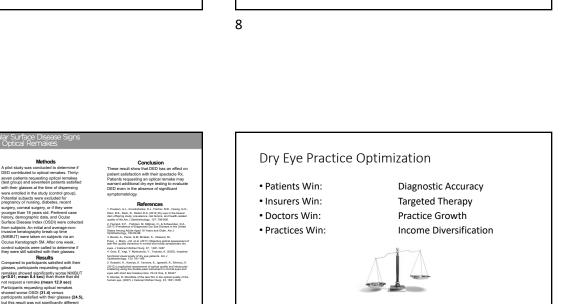
Management Options?

- Since we agree that Mrs. Smith has a diagnosis of DED
 - How would you proceed with therapy for her?
 - When would you see her back?
 - What criteria would you use to monitor improvement?

What Did I Do?

- Loteprednol 1.0% BID OU
- Nutraceuticals BID OU
- PF ATs qid OU Heat mask
- Continue montelukast 10mg PO
- Sjogrens testing
- Consider plugs at next visit
- Refer to dry eye counselor to discuss Lid Renewal Package (Lid Wipes / Microblepharoexfoliation / thermal pulsation)
- F/U????? Tests????

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Better Comfort and Quality of Vision

Tear film abnormalities result in a significant reduction in quality of vision and patient satisfaction

• Due to this, proper ocular surface treatment is critical to outcomes.

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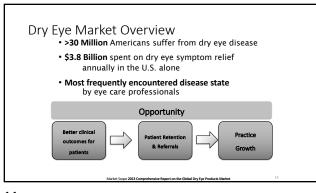
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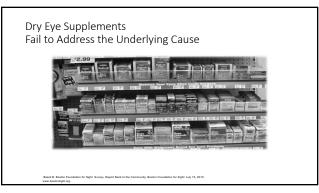
reduced fun

optical

quality compared to normal controls. 3, Patients who complain of dissatisfactio

w spectacle Rx may request a ake. DED may be the cause of want a cuttor rather than online



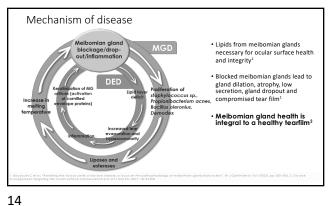


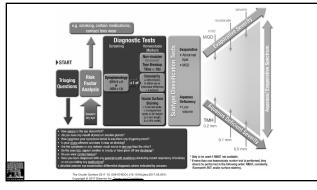


TFOS DEWS II Definition

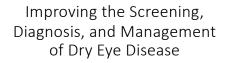
"Dry eye is a multifactorial disease of the ocular surface characterized by a loss of homeostasis of the tear film, and accompanied by ocular symptoms, in which tear film instability and hyperosmolarity, ocular surface inflammation and damage, and neurosensory abnormalities play etiological roles."

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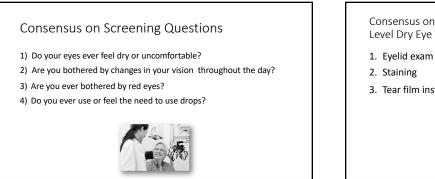


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2014 Dry Eye Summit

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Consensus on Baseline Diagnostic Options for Entry Level Dry Eye Disease

- 3. Tear film instability



Consensus on Baseline Management

- 1. For all patients:
- A. Ocular lubrication
- B. Lid hygiene
- C. Nutrition
- 2. Topical anti-inflammatories

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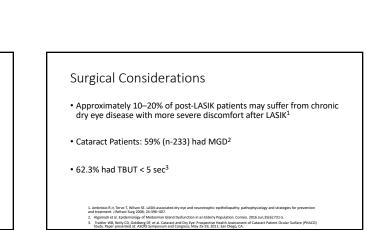
Who Should We Evaluate?

- Everyone!
- Symptomatic patients
- CL patients
- Conditions associated with OSD
 - Medication Ocular disease
 - Systemic disease

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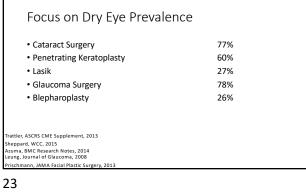


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phthalmol. 1981 Feb;65(2):108-11. Inction. Optom VicSci 1986;73:208-10. Wear is associated with decrease of meil

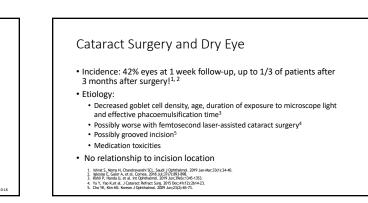
bomian glands. Ophthalmology 2009;116:379-84.



Prevalence of ocular surface dysfunction in patients presenting for cataract surgery evaluation

Results: There were 120 patients (69% women), mean age (9.5 years ± 8.4 (SD), Abnormal cemolatily was found in 68 patients (65.7%), and abnormal MMP-9 in 76 patients (63.3%). Clinical findings showed that 47 patients (32.9%) had positive corneal staining on presertation, 9 patients (75.9%) had optimized basement membrane dystrophy, and 2 patients (16.3%) had starmarn noalles. Ouestionmatic data showed 54 (54.0%) of 100 patients reported symptoms suggestive of ocular surface dystlunction. In the asymptomatic group of 46 patients, 39 (85%) had at least 1 abnormal ter test (semolarity or MMP-9) and 22 (48%) had both tests abnormal tor 54.7% result suggestive of ocular surface dystlunction and 48 patients (40%) had 2 abnormal results.

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Cataract Surgery and Dry Eye

 Meibomian gland function can be affected after cataract surgery
 Meibomian gland function may worsen with or without structural changes after cataract surgery ^{6,7}

- Alterations in MG expressibility and TBUT persist for up to 3 months postoperatively⁸
- Pre-existing DED is a significant risk factor for post-op DED!⁷
 Compared with the no dry eye group, dry eye group revealed significantly higher post-op ocular symptom scores, lower TBUT, higher lid margin abnormalities, meibum quality and expressibility scores.

Han KE, Seo KY, et al. Am J Ophthalmol. 2014 Jun;157(6):1144-1150.
 Park Y, Hwang HB, Kim HS. PLoS One. 2016 Oct 3;11(10):e0152460.
 El Ameen A, Pisella PJ, et al. \ J F Ophtalmol. 2018 May;11(5):e173-e180.

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Cataract Surgery and Dry Eye

- Persistent DED > 3 months can occur in up to 1/3 of patients!^{2,9}
 Persistent tear instability and corneal epitheliopathy were found > 5 months after cataract surgery⁹
- Pre-existing DED is a significant risk factor for persistent post-op DED
 - High OSDI and 1 month post- op low TBUT, low MG orifice obstruction scores, and increased MG dropout are risk factors for persistent DED¹⁰

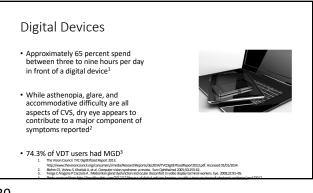
9. Hanyuda A, Negishi K, et al. J Clin Med. 2019 Feb 7;8(2). 10. Choi YJ, Kim TI, et al. Cornea. 2018 Jun;37(6):734-739.

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Effect of Tear Osmolarity on Repeatability of Keratometry for Cataract Surgery Planning

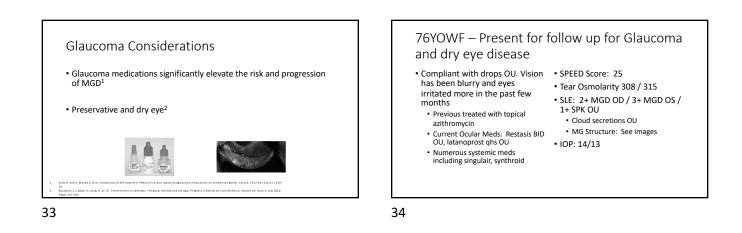
Alice T. et al. Journal of Cataract & Refractive Surgery , Volume 41 , Issue 8 , 1672 - 167

 Significantly more variability in average K and anterior corneal astigmatism was observed in the hyperosmolar group, with significant resultant differences in IOL power calculations. Variability was not significantly different when subjects were grouped by self-reported dry eye. Measurement of tear osmolarity at the time of cataract surgery planning can effectively identify patients with a higher likelihood of high unexpected refractive error resulting from inaccurate keratometry.

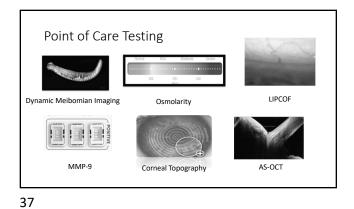


According to Fechtner, What is the Prevalence of Ocular Surface Complaints in Patients with Glaucoma? • 28% • 38% • 48% • 58% According to Fechtner, What is the Prevalence of Ocular Surface Complaints in Patients with Glaucoma? - 28% - 38% - 48% - 58%

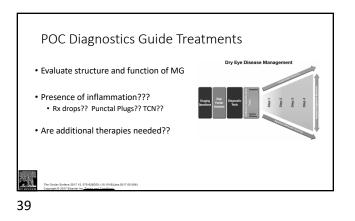
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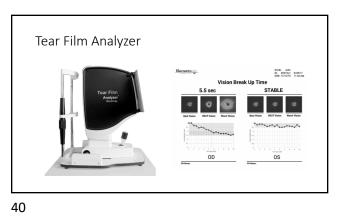


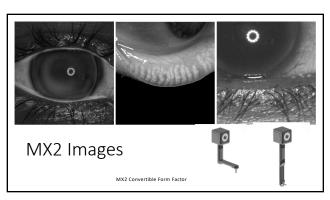




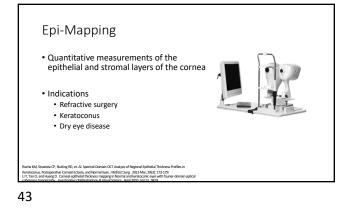
	vention	al Diagi	1051105
Test	Sensitivity	Specificity	Positive Predictive Value (PPV)
Schirmer I <10mm ¹	83%	68%	31%
TBUT <10sec1	72%	62%	25%
Staining, rose bengal1	25%	90%	31%
Osmolarity >308 mOsms/L ^{2,3}	75-95%	88%	87%
MMP-9 ≥40 ng/ml⁴	85%	94%	97%
Lactoferrin <0.9 mg/ml	83%	98%	Not available
Conv'l Sjögren's biomarkers ⁵	40-60%	40-60%	Not available
New Sjögren's markers ⁷	95%	95%	Not available

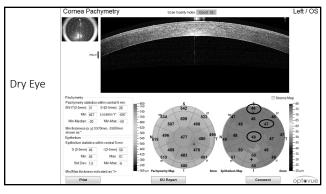


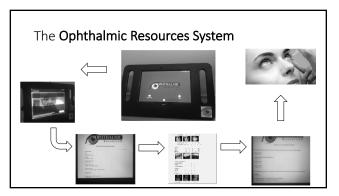




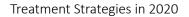








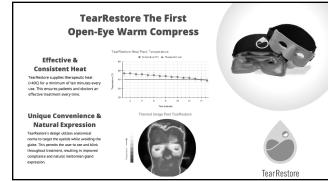
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Lubricants

- Tears (emulsions, solutions), gels, ointments, sustained-release formulation
- Ingredients
 Hyaluronic acid, Carboxymethylcellulose (CMC), Lipid-based
- Nutrition
 - Oral essential fatty acids
 - Vitamin A ointment

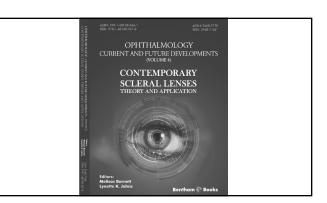




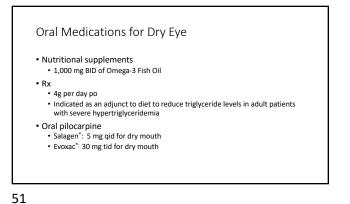
Treatment Strategies in 2020

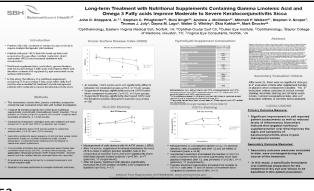
- · Anti-inflammatory agents
 - Topical corticosteroids Topical cyclosporine A emulsion (CSA) 0.05% and 0.09%
 - Topical lifitegrast, 5%
 - Oral tetracyclines or macrolides
 - Topical azithromycin
- Amniotic membrane products: anti-inflammatory and promote wound healing
- Neurostimulation
 - Intranasal neurostimulation • Extranasal neurostimulation

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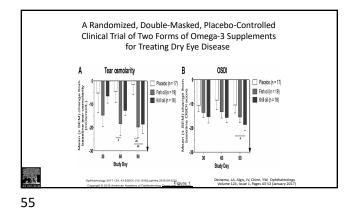


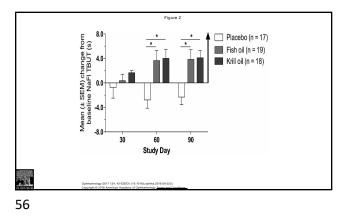
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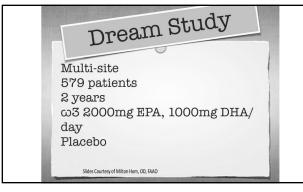
Effect of Oral Re-Esterified Omega-3 Nutritional Supplementation on Dry-Eye Disease: Double-Masked Randomized Placebo-Controlled Study • 105 patients with dry eye disease

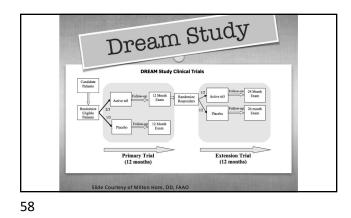
- Four capsules (2 gm) once a day containing 1680mg EPA and 560mg DHA (PRN Dry Eye Omega Benefits) for 3 months or four capsules of placebo.
- All patients underwent a screening, baseline, 6 week and 12 weeks visit.
 On each visit patients were tested for tear osmolarity, MMP-9, fluorescein corneal staining, Schirmer's testing, and OSDI. On the screening exam and week 12 evaluation patients had their omega index tested.
- This study demonstrated that oral consumption of re-esterified omega-3 fatty acids (1680 mg EPA and 560 mg DHA once daily for 12 weeks) is an effective treatment of dry eye disease and results in a statistically significant improvement in tear osmolarity, OSDI, tear break up time and omega index levels.











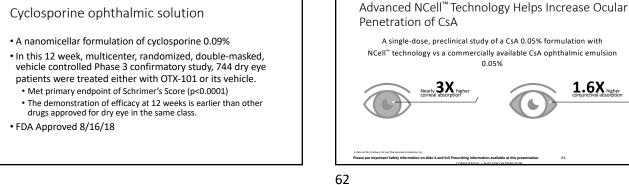


Results

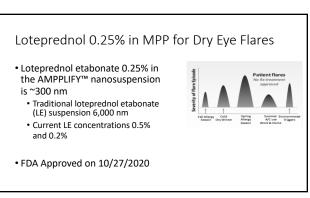
- No significant difference between fish / olive oil groups
- However, both groups improved significantly in primary endpoint of symptoms (plus secondary endpoints of corneal / conj staining, TBUT)
- Olive oil may not have been best choice for study
- There's been much confusion over findings

What does this mean to clinicians?

- We should all make effort to educate ourselves on research headlines often get it wrong
- Fish oil may be beneficial, but may not be the only option we should consider
- Other omegas (e.g. GLA), and nutrients have clinical evidence in OSD, weren't examined in DREAM

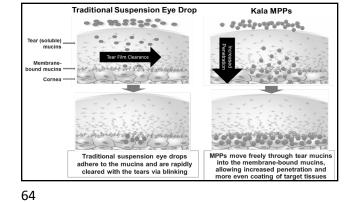






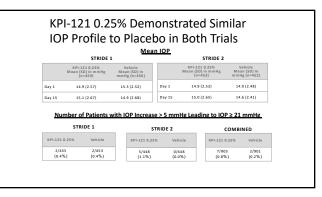


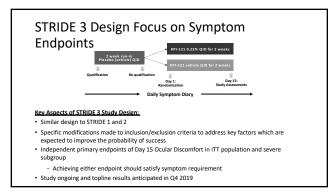
		Totality of Data Signs and S	Demonstrates E for symptoms of DE	,
	K	PI-121 0.25% Res	sults and Key Fin	dings
		Phase II	STRIDE 1	STRIDE 2
SIGN	Variable	Conjunctival Hyperemia (CH)	Conjunctival Hyperemia (CH)	Conjunctival Hyperemia (CH)
SIGN	Р	0.0090	<0.0001	<0.0001
SYMPTOM	Variable	Ocular Discomfort Severity (ODS)*	Ocular Discomfort Severity (ODS)	Ocular Discomfort Severity (ODS)
	Р	0.0489**	<0.0001	0.1289
		Primary Endpoints with statistic Secondary Endpoint of the Phase	al significance e II Trial; **Using the STRIDE 1/2 statis	tical analysis plan

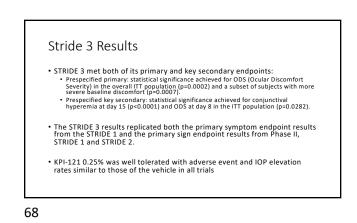


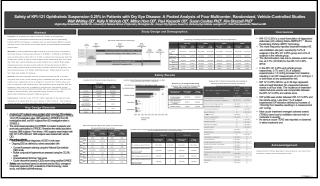
0.05%

1.6X higher







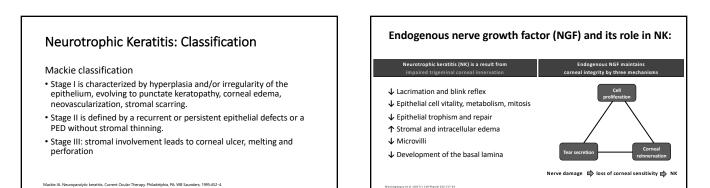


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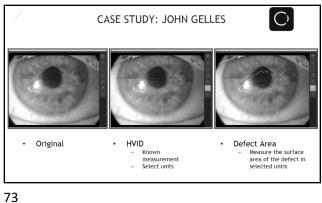
Neurotrophic Keratitis: Etiology

- 1. Infectious: HSV, VZV, leprosy
- 2. CN V palsy
 - Surgery for trigeminal neuralgia, neoplasia (acoustic neuroma), aneurysm, facial trauma, congenital, familial dysautonomia (Riley-Day syndrome), Goldenhar-Gorlin syndrome, Möbius syndrome, familial corneal hypesthesia
- Topical medications: anesthetic abuse
- latrogenic: LASIK/PRK, corneal incisions (RK, AK), contact lens wear, scleral
- bands, vitrectomy and photocoagulation to treat diabetic retinopathy $^{\!\!1,2}$ Chemical and physical burns
- Systemic: DM, multiple sclerosis, Vit A deficiency
- Systemic: Divi, multiple scierosis, Vit A denciency
- Increasing age, chronic DED³
- carrerjete PJ. JAIMA opnthalmology 2014;132:1
 2.Tinley CG, Eye 2009;23:1819-23
 3. Ocul Surf. 2007 Apr;5(2):75-92.

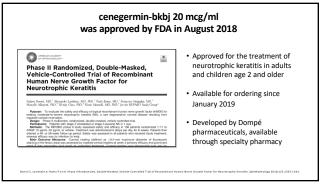




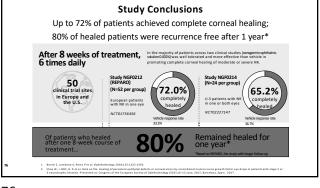




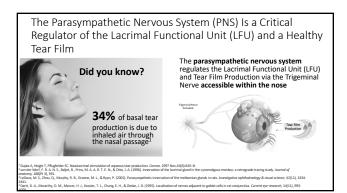
SPARCA \bigcirc Award-winning ocular analysis - AOS Anterior software Analyse any digital image of the ocular surface using any one of three mode Bulbar redness grading Lid redness grading Fluorescein punctate count Features of the application Digital Wratten filter
 Image cropping tool • Digital ruler Automated grading on objective scale • PDF file generator for reporting Digital extraction Digital enhancement Mobile image capture application (HIPPA compliant)

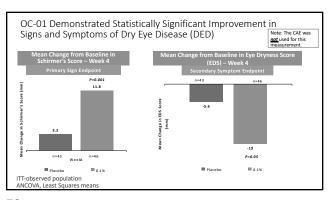


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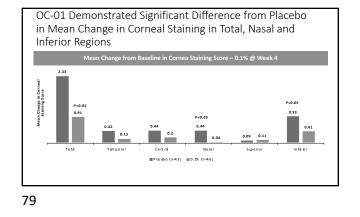




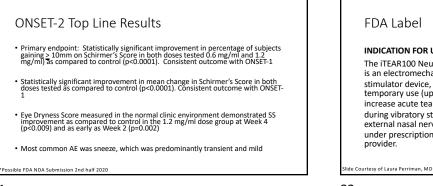








	Adverse Event	s Potentially	Related to OC-01 >5% of subjects
Occurred at least once after any installation	(n=48)	Placebo (n=43)	 All events transient and self-limiting immediately following administration
Sneeze Cough	38 (79) 6 (13)	0	 All events mild (94%) or moderate (4%) in severity. No severe events.
Throat irritation Instillation site irritation	7 (15) 8 (17)	0	No ocular adverse events; Side effects consistent with that of any nasal spray (sneeze,
Pharynx dysaesthesia	4 (8)	0	cough, irritation)
	0.01	rack for Initi	ating Phase 3 in 2019

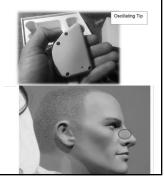


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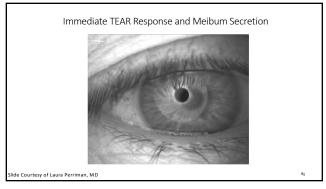


INDICATION FOR USE

The iTEAR100 Neurostimulator™ is an electromechanical nerve stimulator device, indicated for temporary use (up to 30 days) to increase acute tear production during vibratory stimulation of the external nasal nerve in adults, under prescription of an eyecare provider.

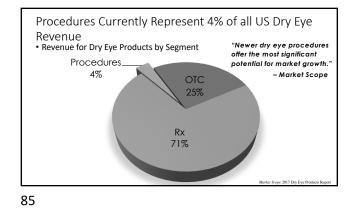


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Summary

- Array of positive endpoints reflects broad mechanism of action of neuromodulation
- Effective for improving Schirmers scores, fluorescein staining and meibomian gland scores
- · Immediate, intermediate and long term benefits to the ocular surface
- Strong safety profile
- · High value addition to the dry eye armamentarium FDA approved May 1, 2020 ilide Courtesy of Laura Perriman, MD



A Novel, Targeted, Open Eye, Thermal Therapy and Meibomian Gland Clearance in the Treatment of Dye Eye:

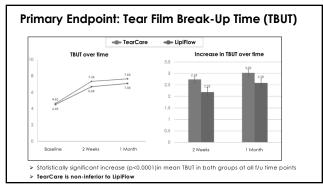
A Randomized Controlled Investigator masked Trial (OLYMPIA)

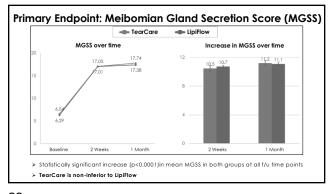
Jennifer M. Loh, MD, ABO; William B. Trattler, MD, ABO; Kavita P. Dhamdhere, MD, PhD; Marc R. Bloomenstein, OD; John A. Hovanesian, MD; Mitchell A. Jackson, MD, ABO; Bobby Saenz, OD

Presented by Jennifer M. Loh, MD, ABO; ASCRS May 16, 2020

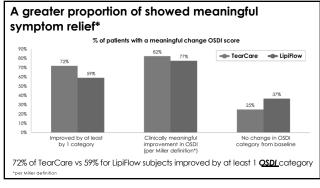
Primary Endpoint: Tear Film Break-Up Time (TBUT)

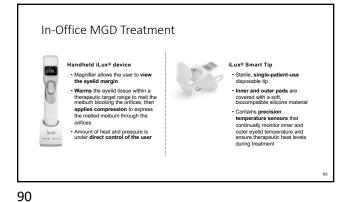
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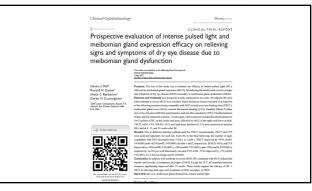




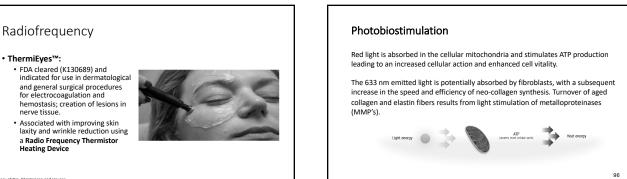


• The specific mechanism of action is not well understood but is believed to be partially due to the thermal heating of the meibum coupled with the therapeutic effects of treating superficial telangiectasia



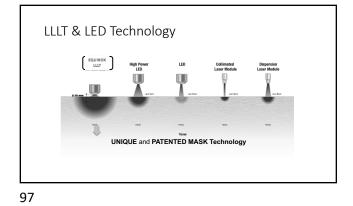


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• ThermiEyes™:

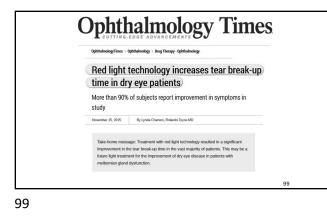
nerve tissue.



Advanced Technology

- Computer Driven
- Select Level of MGD 1-4 = Calculates correct Energy and Time (15min Max)
- Apply Comfortable Mask
- Both Eyes/Lids Treated Simultaneously
- Automated Treatment Starts & Stops with Countdown Timer
- Visible Results Possible for Patient after 1st Treatment

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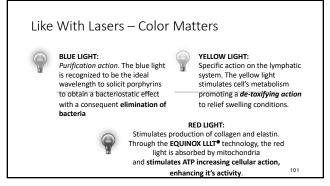


From The Ophthalmolgy Times Article

Application of LLLT therapy resulted in improvement in the tear film break-up time in more than 90% of patients with dry eye disease.

The results are similar to those reported previously in patients treated with intense pulsed light (IPL) treatment.

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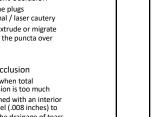


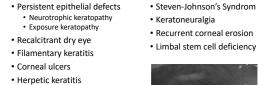
Indications for Punctal Occlusion

- Dry Eye symptoms
- · For treatment of ocular dryness secondary to contact lens use
- To enhance the efficacy of topical ocular medications
- After surgery to prevent complications due to dry eye
- Dry eye component of conjunctivitis, keratitis, corneal ulcer, pterygium, blepharitis, red lid margins, recurrent chalazion, corneal erosion, filamentary keratitis and other eye diseases.

Types of Occlusion • Temporary occlusion Permanent occlusion Collagen plugs Dissolve within 4 – 7 days Silicone plugs Thermal / laser cautery May extrude or migrate out of the puncta over time Semi-permanent occlusion Partial occlusion Used when total occlusion is too much Silicone or thermal labile acrylic polymers May last for several months Designed with an interior channel (.008 inches) to limit the drainage of tears







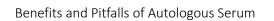
Current Uses for Topical Biologics for OSD

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Autologous Serum Healing factors in Autologous Serum Blood drawn via 18 gauge needle – 40 mL blood collected into blood tubes • Vitamin A • Lysozyme Blood set aside to clot at room temperature for two hours, then centrifuged at 5600 rpm for 10 minutes • Transforming Growth Factor-beta Fibronectin Serum filtered to remove fibrin strands before mixing with saline Substance P • Insulin-like growth factor-1 • Typically start with 20% AS up to 50% Nerve growth factor Unopened bottles stored in freezer up to 3 months; open bottles in refrigerator for 48 hours Potential for safe refrigerator storage for up to 1 month

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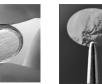
Benefits

- · Preservative free and innately allergy free
- Adverse events rare
- · Improvement in symptomology · Demonstrated improvement in

Complications

- Cost no insurance coverage
- Frequent blood draw
- · Availability of labs to make ASED
- Strict handling
- staining (Tsubota SS pts)

Amniotic Membranes





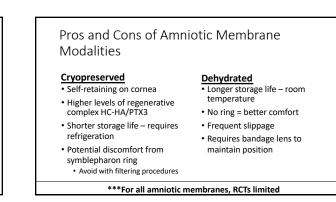
Cryopreserved Membranes

Dry Membranes

Amniotic Membrane

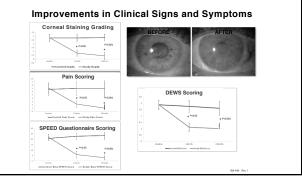
- Amnion is innermost layer of placenta and contains components that produce factors in proliferation/differentiation, help decrease infection, and increase membrane integrity
 - CollagensFibronectin
 - Laminin
 - Fibroblasts
 - Growth factors Nerve Growth Factor
- Suppress TGF-beta, myofibroblasts to limit scarring/haze while promoting epithelial healing and tissue reconstruction
- Sequesters inflammatory cells
 This leads to membrane breakdow

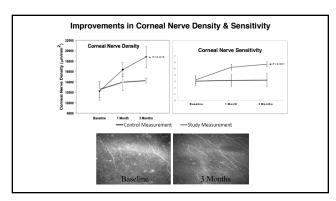
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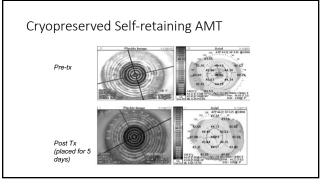


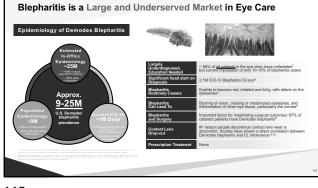
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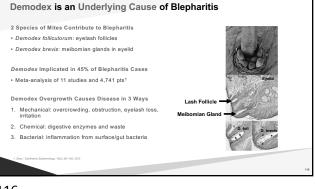


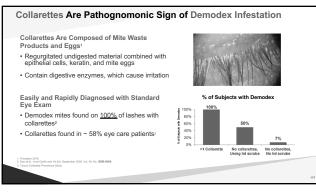


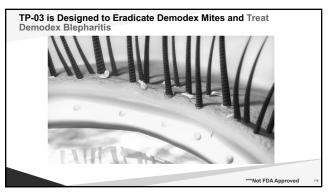




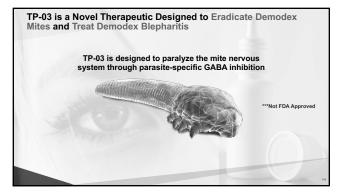


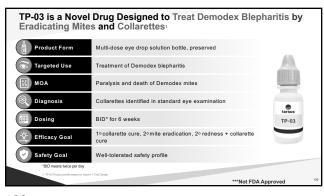


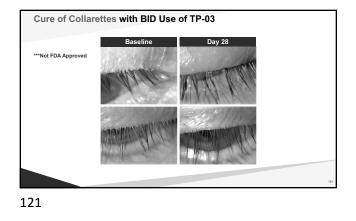


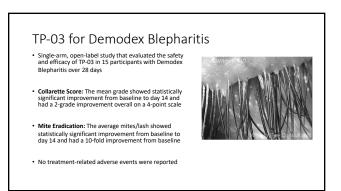


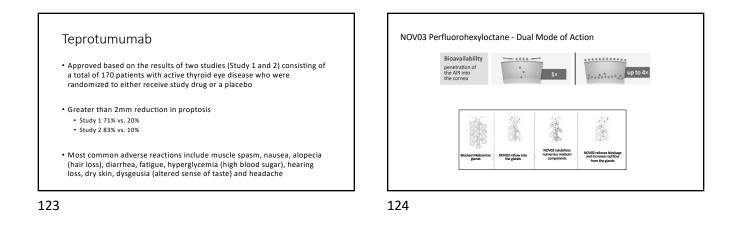


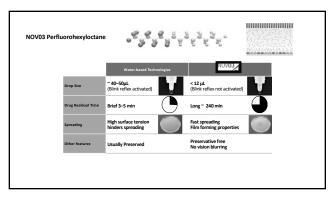


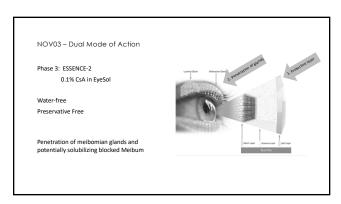












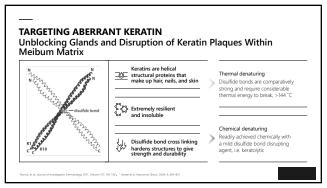
NOV03 has been Evaluated in Several Small Clinical Studies in the EU

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 Steven P, Augustin AJ, Geerling G, et al. Semifluorinated alkane eye drops for treatment of dry eye disease due to meibomian gland disease. J Ocul Pharmacol Ther 2017;33(9):678-685. https://pubmed.ncbi.nlm.nih.gov/28922088/
 Eberwein P, Krösser S, Steven P. Semifluorinated alkane eye drops in chronic ocular graftversus-host disease: A prospective, multicenter, noninterventional study. Ophthal Res. 2020;63:50-58.
- Garhofer G, Schmidl D, Werkmeister RM, et al. Influence of perfhluorohexyloctane containing eye drops on tear film thickness in patients with mild to moderate dry eye disease. Invest Ophthalmol Vis Sci. 2018;59(9):941. https://iovs.arvojournals.org/article.aspx?articleid=2689663&resultClick=1

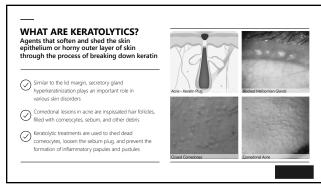
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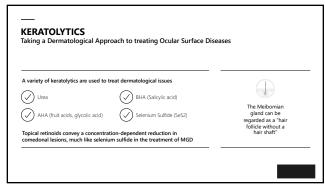
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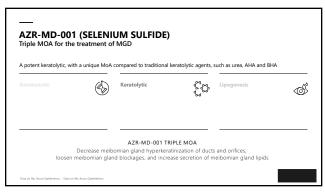


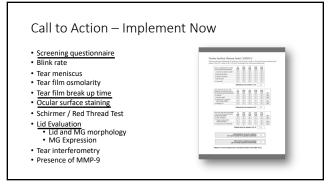
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Conclusions

- Numerous innovations in eye care
- Consider the impact on your patients and your practice
- Utilize evidence based medicine
- Practice at the highest level of our profession