# Complications of Laser Treatments: Now What?

Ian McWherter, O.D., F.A.A.O.

Telasight, Inc.

Bennett and Bloom Eye Centers, Louisville, KY

Head of Optometric Telemedicine and Emerging Technology at the Kentucky College of Optometry, Pikeville, KY

April 2024

ianmcwherter@gmail.com

## Administrative

- Financial disclosures: Telasight, inc., Allergan, inc.
- COPE: 86629-LP



- 67 yo AA male
- CC: 4 months Glaucoma follow up
- Medical Hx: HTN, DM 2, COPD, RA
- Ocular Hx: Glaucoma
- Ocular Meds: latanoprost qhs OU and simbrinza bid OU



- VA OD:20/20 OS:20/20
- EOM: Full
- CF OD: Full OS: nasal constriction
- IOP OD: 16 OS: 24
- Pachs OD: 553 OS: 546

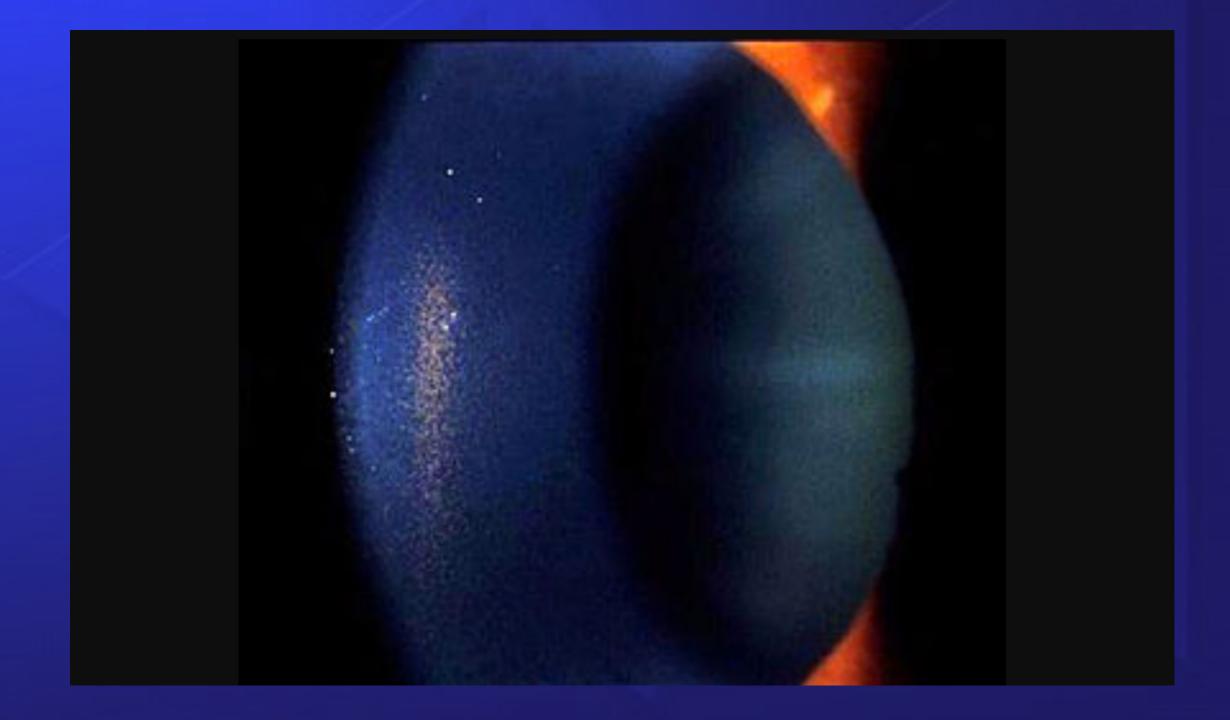


### Slit Lamp: See photo





#### • Slit Lamp: See photo





#### • Slit Lamp: See photo

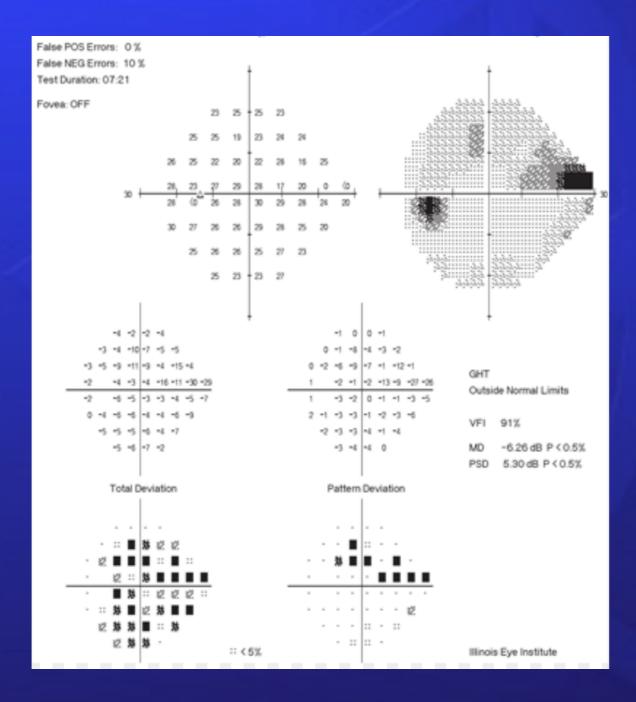


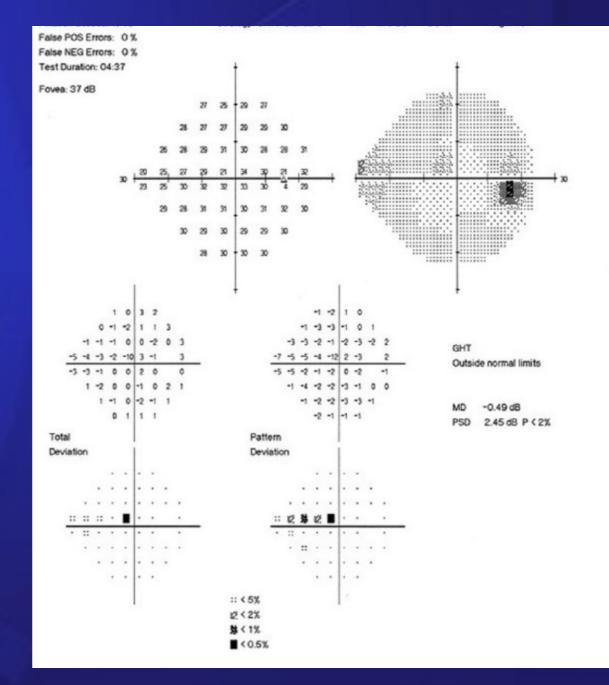


- DFE: retina flat OU
- CD OD: 0.6 OS: 0.75
- Next test?
- Next step?

Case 1

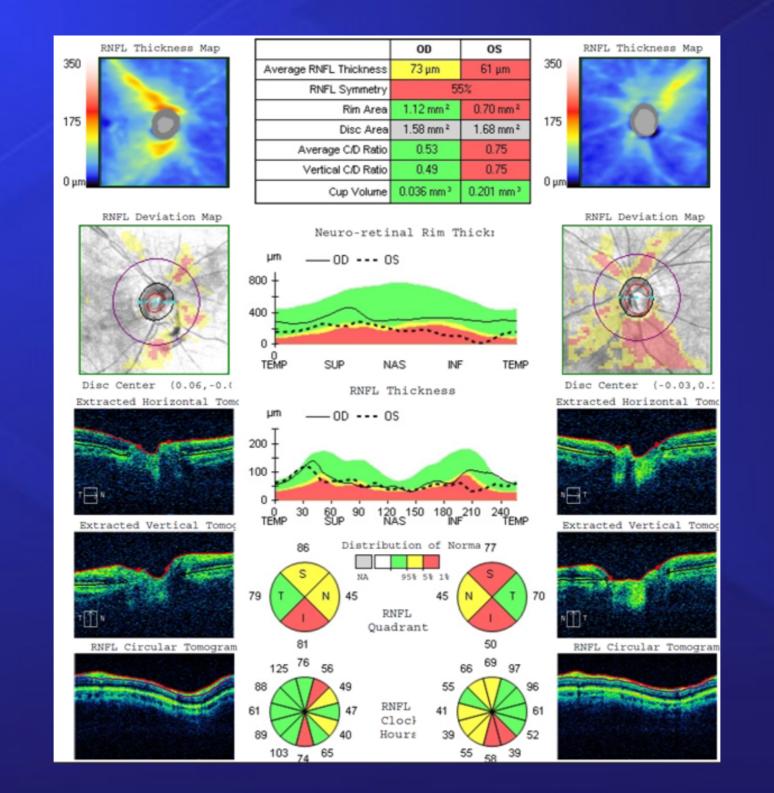
#### • Visual field:





## Case 1

#### • OCT:





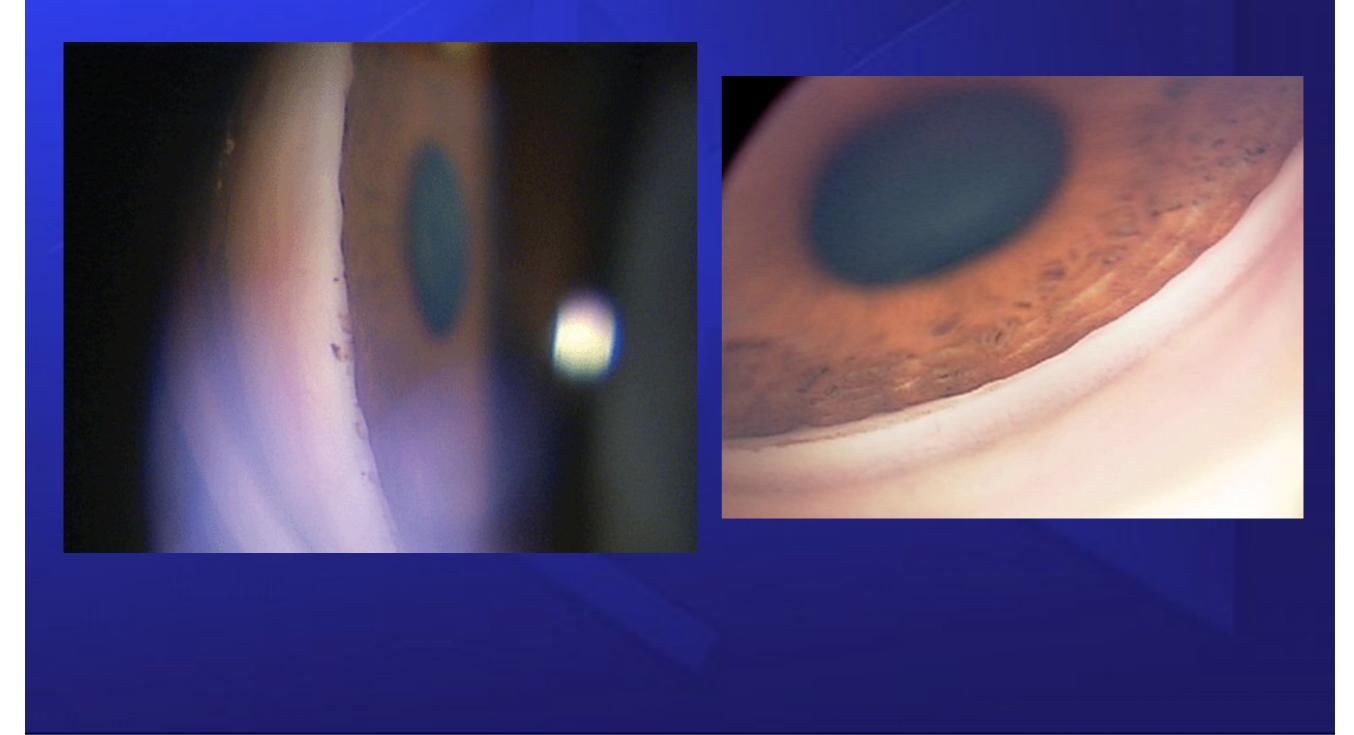
- Unknown untreated max IOP
- Target?



- Set target at mid teens OU
- Next test?
- Treatment?

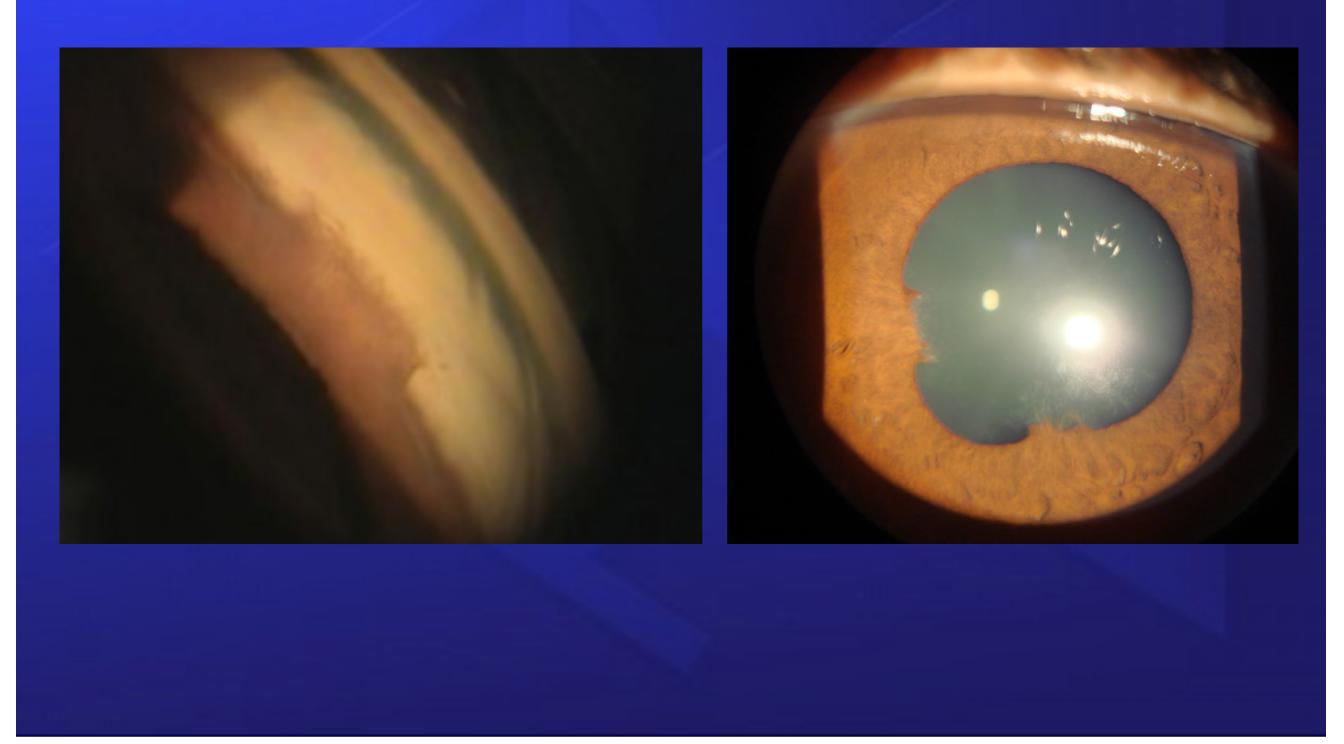


### • Gonio: see photo



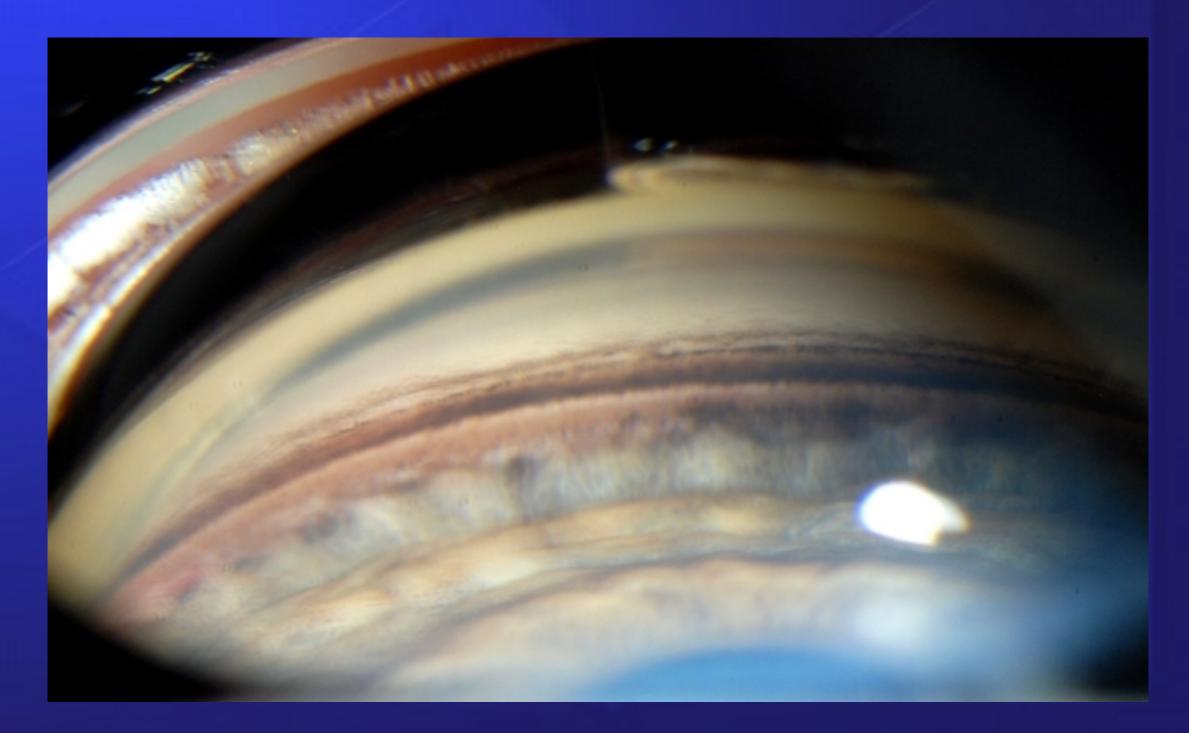


#### • What if gonio looked like this?





#### • Ok their gonio really looks like this: see photo





- Perform SLT OS
- Brimonidine 0.2% pre op

## SLT Video





- Operation note
- 105 spots
- 0.8 mj per spot
- Total energy 84 mj
- Diclofenac 0.1% tid x 3 days



- IOP 1 hour after procedure OS: 36!
- Now what?



- Give drop of latanoporst and simbrinza
- Recheck in 30 mins
- IOP 30 mins later OS: 39!
- It went up!
- Now what?



- What is the next thing we need to ask?
- Any allergies?
- "No."
- Give 1000 mg diamox, another drop of latanoprost and simbrinza
- Give Rhopressa (netarsudil 0.02%)
- Also give timolol 0.5% with punctal occlusion (one drop in the office isn't going to cause prolonged breathing problems)
- Recheck IOP in 1 hour



- IOP in 1 hour OS: 32
- Ok its heading down
- Now what?
- Recheck in 1 day
- IOP at 1 day post op OS: 24
- Great! See you in 6 weeks to see if SLT worked



- But .... patient calls 6 days later
- "My eye hurts. It's red, painful, and I can't see out of it. There are a lot of halos around lights."
- Work patient into schedule to be seen that day



- VA OD:20/20 OS:20/50
- EOM: Full
- CF OD: Full OS: nasal constriction
- IOP OD: 16 OS: 49

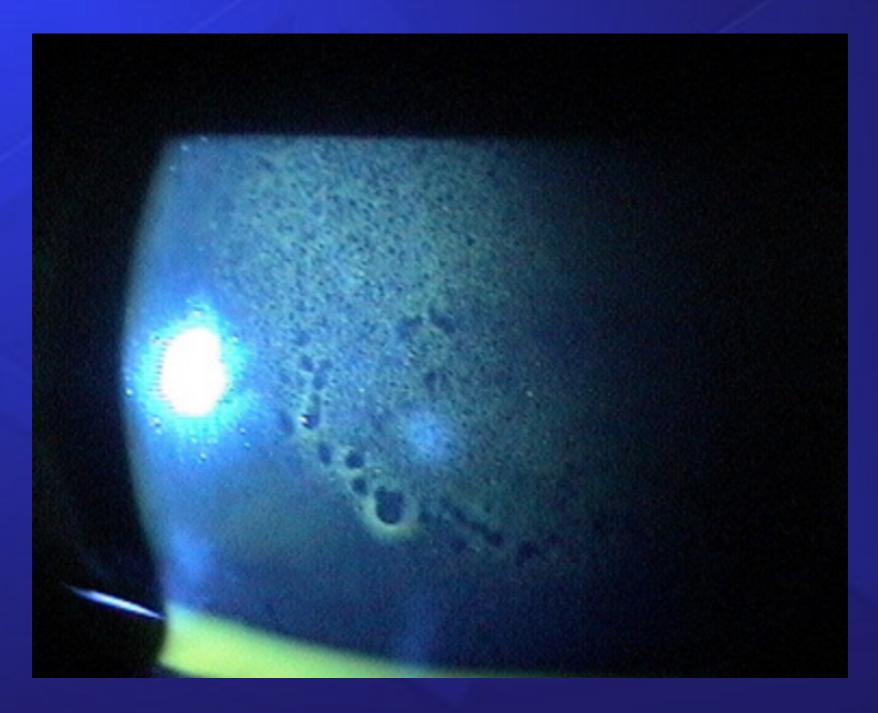


#### • Slit lamp: see photo





#### • Slit lamp: see photo





#### • Slit lamp: see photo





- Now what?
- Corneal edema, uveitis, IOP spike
- Next test?



### Gonio: see photo

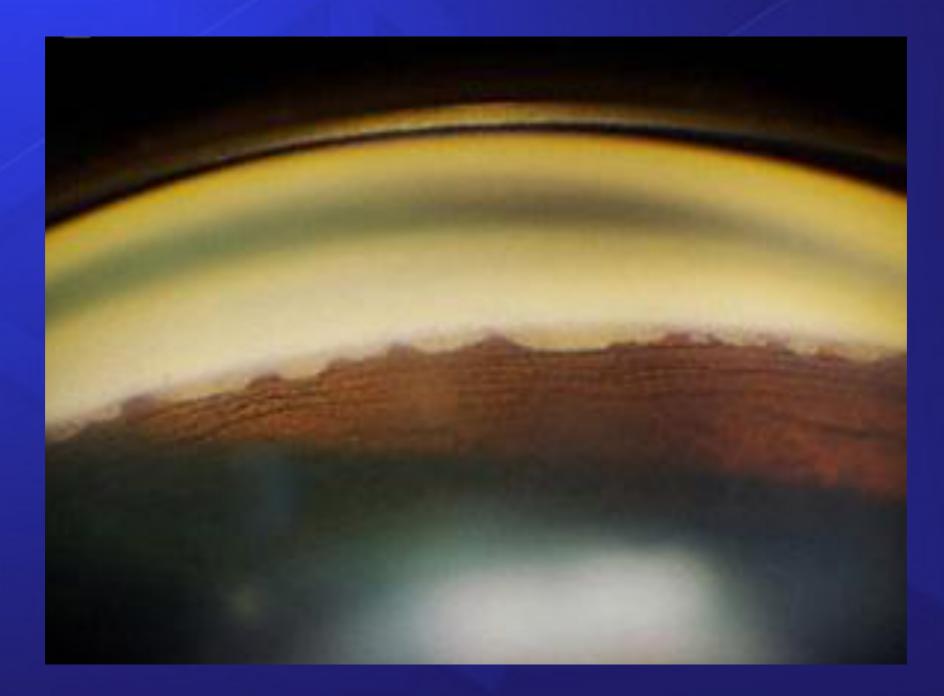




- Gonio: can't see anything, now what?
- Topical glycerin



#### • Gonio: now see photo





#### • Gonio: now see video





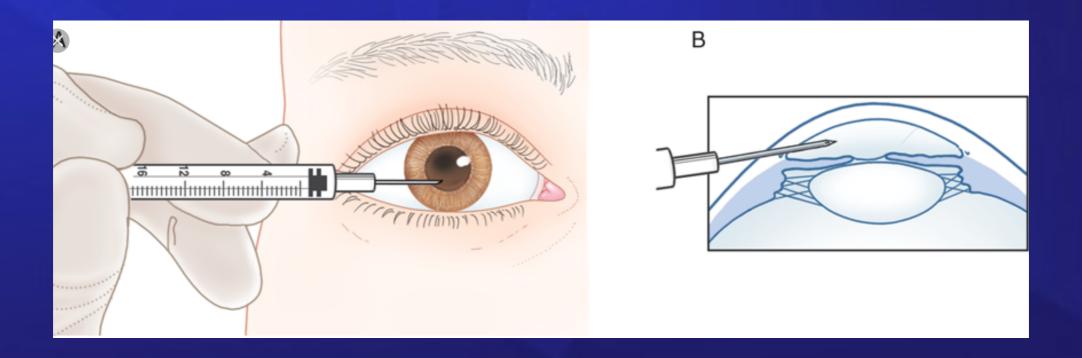
- Next treatment?
- Everything.
- 1000 mg Diamox, latanoprost, simbrinza, timolol 0.5%, Rhopressa, durazol (would give drops every 5 minutes)
- Recheck IOP in 1 hour
- IOP in 1 hour OS: 47
- Now what?



- Paracentesis
- Lid speculum, proparacaine, betadine before and after
- Ocuflox qid x 3 days



- 30g needle, bevel up, tangental to iris, longest track as possible, count to 30
- Rechecked IOP in 30 min
- IOP in 30 mins OS: 10





- Recheck IOP in 1 day
- IOP in 1 day OS: 15
- Stop diamox, stop timolol
- Taper durazol qid x 1 week, tid x 1 week, bid x 1 week, qd x 1 week
- Continue latanoprost and simbrinza
- Recheck IOP in 1 week



- What if patients IOP was back up to 45 on 1 day IOP check?
- Schedule for tube shunt



- IOP check in 1 week OS: 20
- Great, you are in the clear. Check back in 6 weeks to see if SLT worked



- IOP check in 6 weeks OS: 17
- Great!
- "But hey doc, my vision is blurry."
- BCVA OD: 20/20 OS 20/60
- Now what?



#### • Slit lamp: see photo



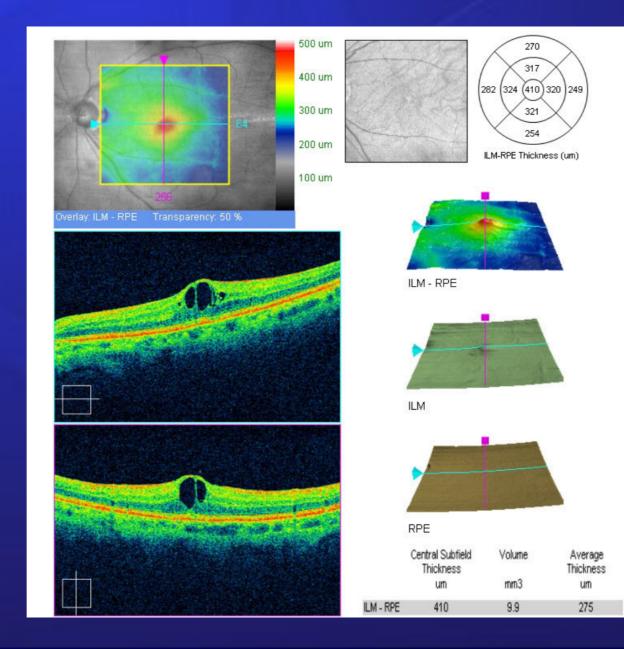


#### • DFE: see photo





- Next test?
- OCT: see photo





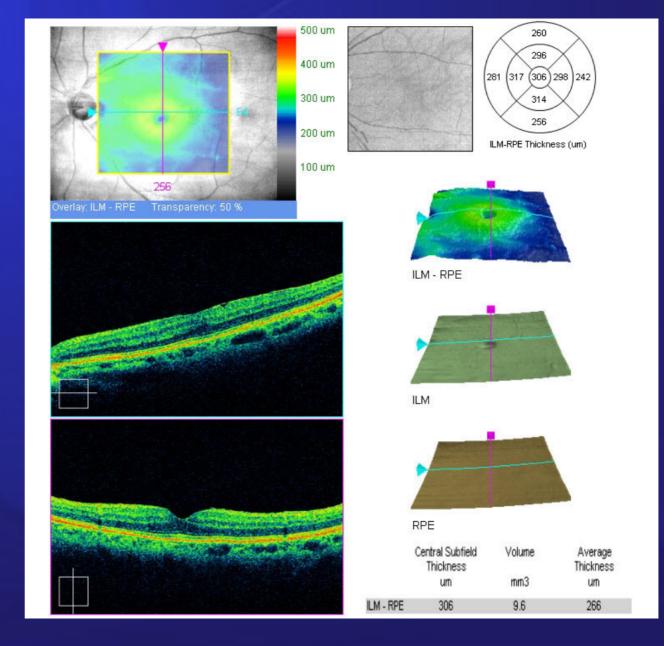
- Treatment?
- Durazol q2h x 2 weeks then taper
- Diclofenac 0.1% tid
- Recheck in 2 weeks



- 2 week follow up
- Vision improved
- VA OD: 20/20 OS: 20/25
- IOP OD: 16 OS: 17
- No evidence of steroid response



- Slit lamp: unremarkable
- DFE: unremarkable
- OCT: see photo



- Taper durazol qid x 1 week, tid x 1 week, bid x 1 week, qd x 1 week then stop
- Diclofenac 0.1% tid x 1 month then stop
- Recheck in 1 month
- If CME wasn't improved in 2 weeks with topical anti-inflammatories, send to retina for sub tenons kenalog....or you could do it in Kentucky...



- You survived!
- Now onto the patient in room 2



- 72 yo W Female
- CC: blurred vision OD
- Medical Hx: HTN
- Ocular Hx: PCIOL OU 2007
- Ocular Meds: Artificial tears qd OU

- VA OD:20/40 OS:20/25
- Glare OD: 20/60 OS: 20/30
- EOM: Full
- CF OD: Full OS: Full
- IOP OD: 16 OS: 15



#### • Slit Lamp: See photo





- DFE: retina flat OU
- CD OD: 0.5 OS: 0.5
- Diagnosis?
- Treatment?

• Perform Yag Cap OD

• Brimonidine 0.2% pre op

# Yag Cap Video





- Operation note
- 51 spots
- 1.9 mj per spot
- Total energy 96.9 mj
- Diclofenac 0.1% tid x 3 days

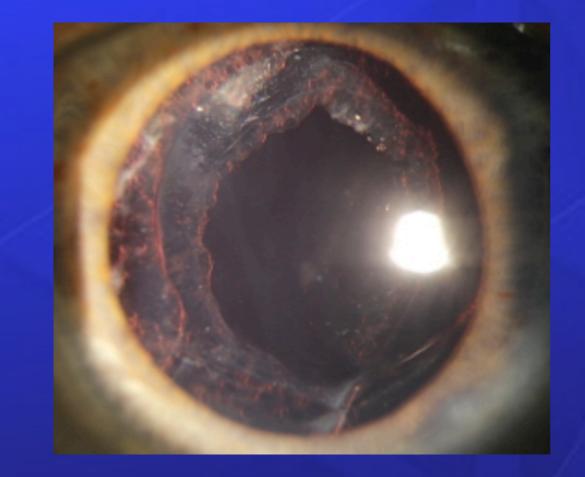


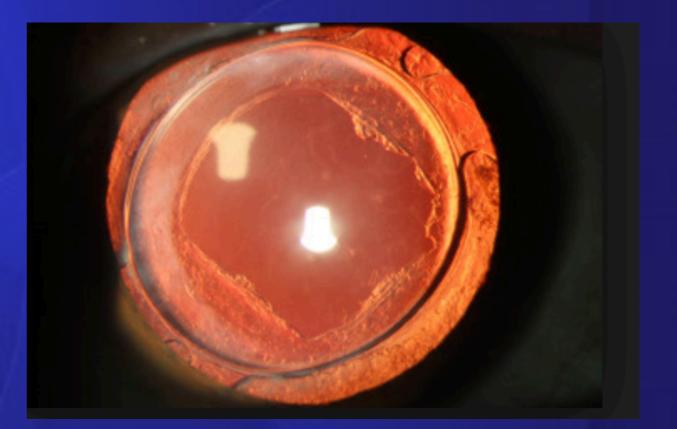
#### • IOP 1 hour after procedure OD: 17

- 2 week DFE Post Op
- CC: "My vision improved but now I see a spot?"
- VA OD:20/25 OS:20/25
- EOM: Full
- CF OD: Full OS: Full
- IOP OD: 16 OS: 17



#### • Slit lamp: see photo







#### • DFE: see photo





- New onset PVD
- Next test?
- Sclera Depression
- Retina flat no breaks or RD
- Follow up?

- 1 month DFE
- CC: "Floater improved"
- VA OD:20/25 OS:20/25
- Slit lamp: unremarkable
- DFE: unremarkable

- If still symptomatic, give a few more months, then consider PPV
- Any tear found, send to retina for laser retinoplexy
- Now onto the patient in room 3

- 40 yo H Female
- CC: "intermittent headaches"
- Medical Hx: None
- Ocular Hx: None
- Ocular Meds: None



- VA OD:20/20 OS:20/20
- MRx OD: +2.50 OS: +3.00
- EOM: Full
- CF OD: Full OS: Full
- IOP OD: 21 OS: 21

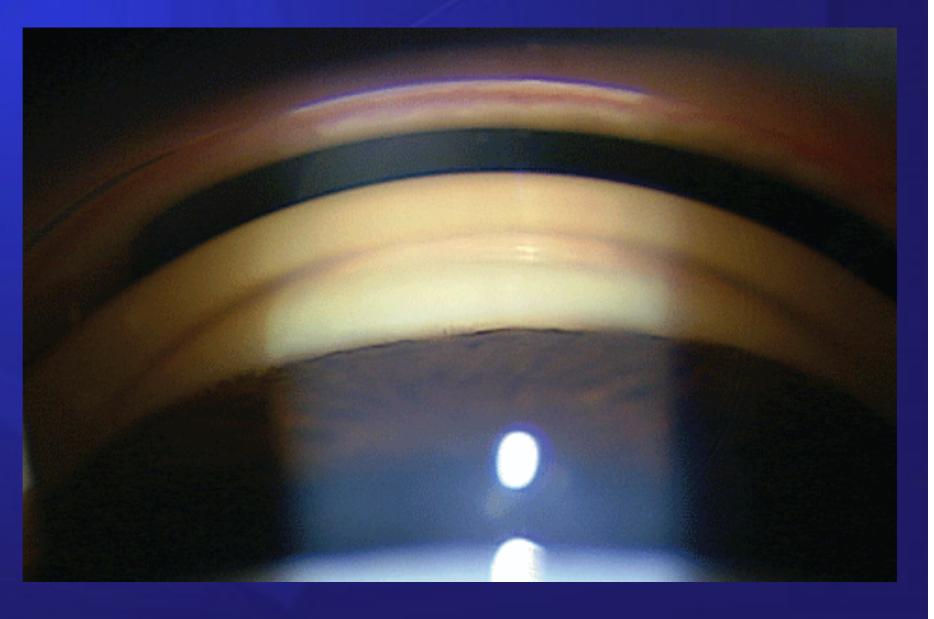


#### • Slit lamp: see photo





- Next Test?
- Gonio: see photo
- Next step?





- Gonio: indentation
- Diagnosis?
- Treatment?



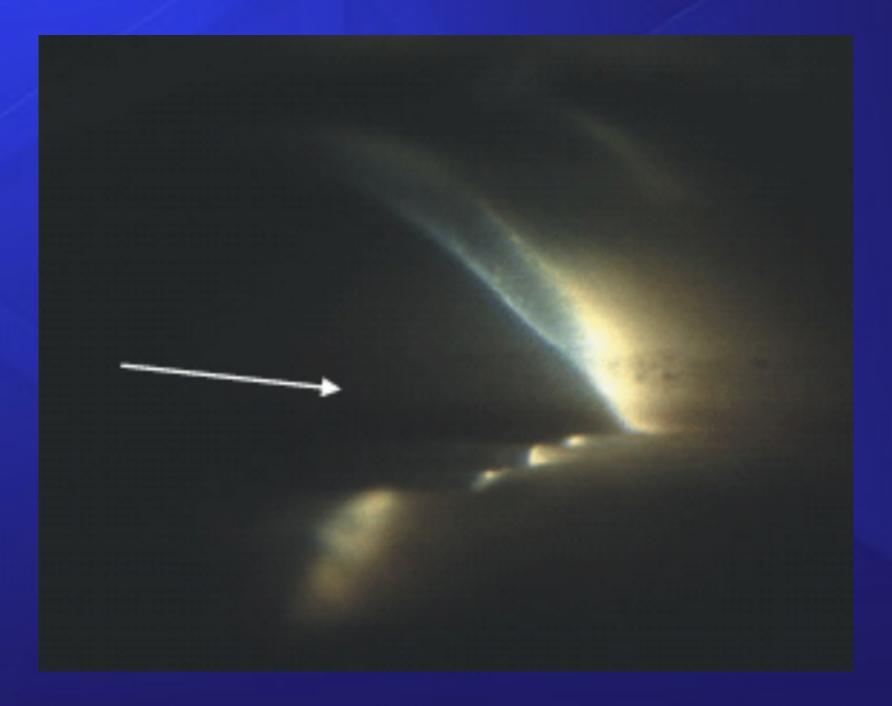


#### • Gonio: but what if it looked like this?





If you don't know where you are, use the corneal wedge



- Perform prophylactic LPI OS
- Brimonidine 0.2% pre op

## LPI Video





- Operation note
- 19 spots
- 5.2 mj per spot
- Total energy 119.6 mj
- Pred 1% qid x 1 week



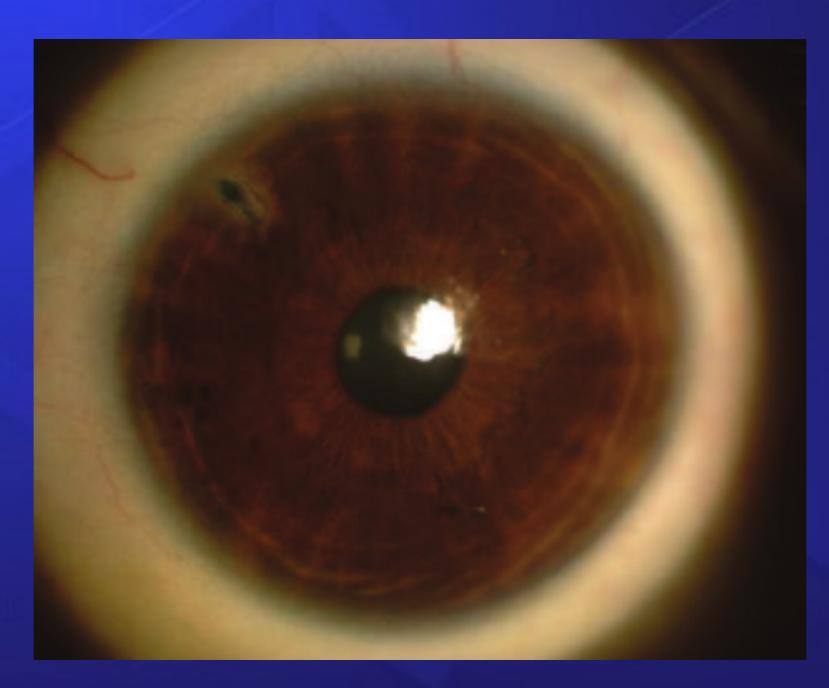
#### • IOP 1 hour after procedure OS: 24



- Other eye performed in 1 week without complication
- 2 week follow up (not post op)
- CC: "My headaches are gone! But i've had a few flashes of light in my left eye"
- VA OD:20/20 OS:20/20
- EOM: Full
- CF OD: Full OS: Full
- IOP OD: 20 OS: 20

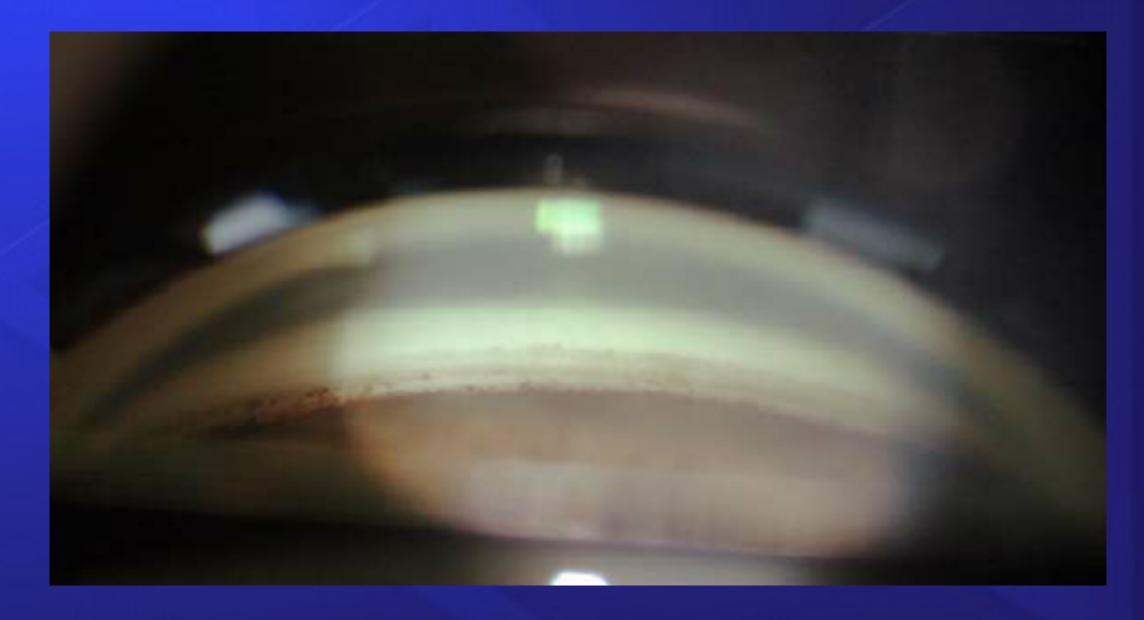


#### • Slit Lamp: see photo



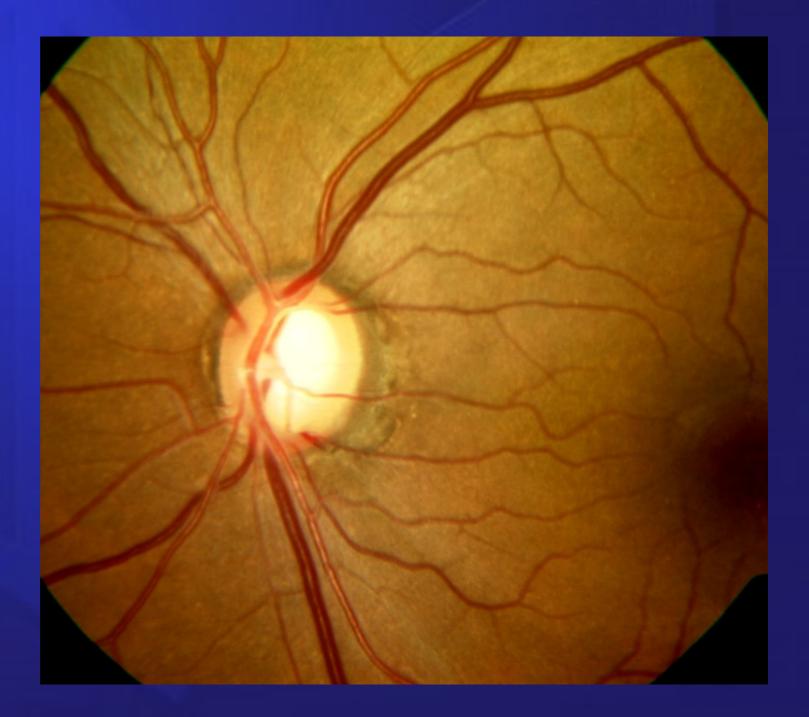


#### • Gonio: see photo



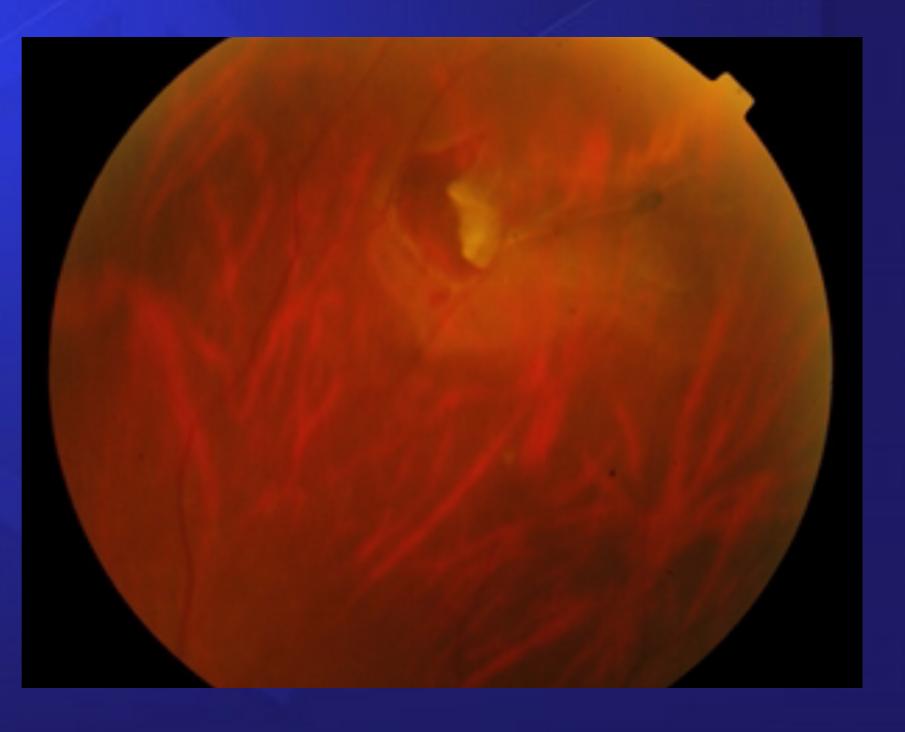


- Angles open, safe to dilate
- DFE: see photo
- Next test?



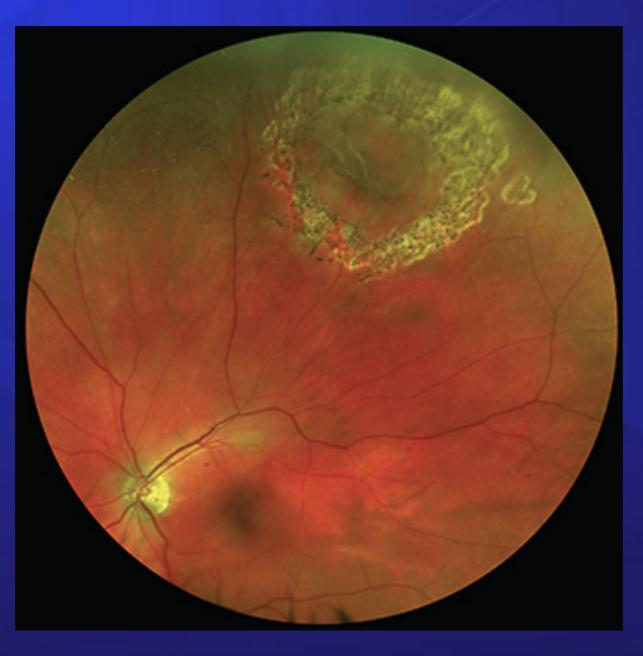


- Scleral depression: see photo
- Diagnosis?
- Treatment?





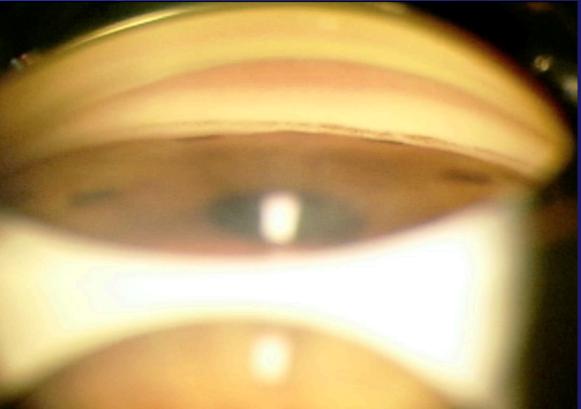
- Send to retina for laser retinoplexy
- If turns into RRD, will need PPV





#### • Which patient would benefit from SLT?



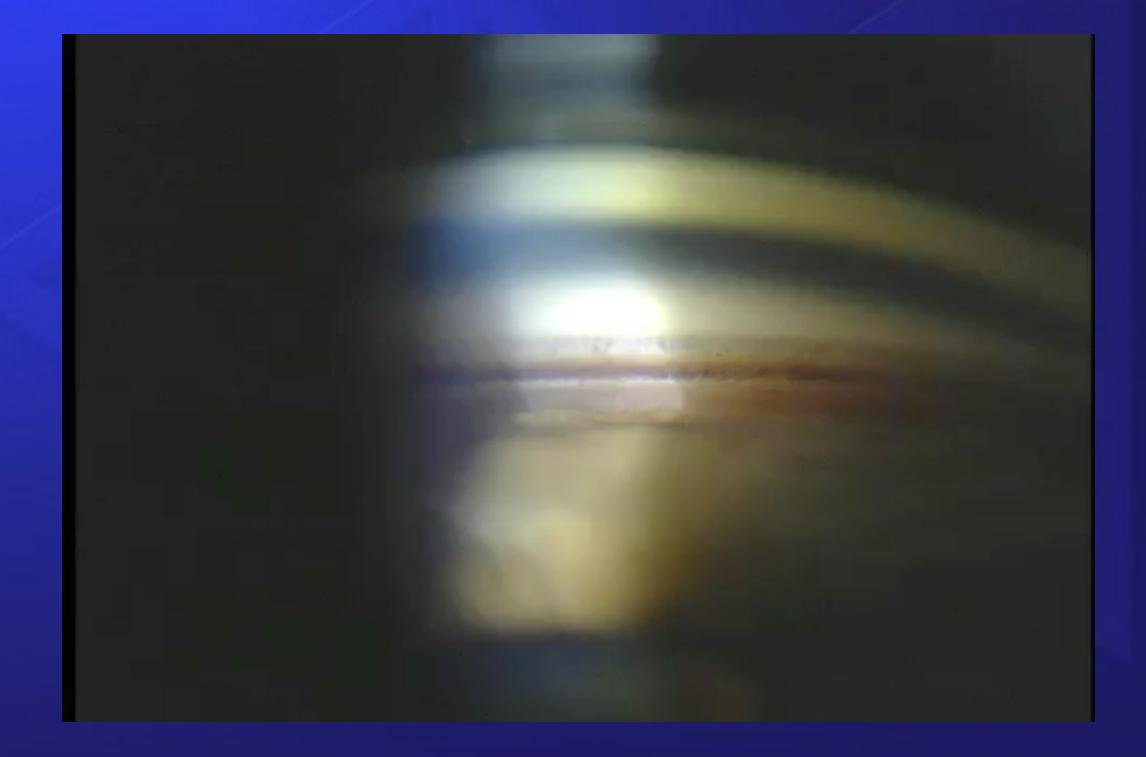




- Neither
- Both are too narrow
- High risk for PAS
- Need LPI



#### • Remember the corneal light wedge, Open





#### Remember the corneal light wedge, Closed



## Case 4

### What if these are PAS, not just a narrow angle? PI may not help.

If a TM is "normal", how much angle must be closed in chronic ACG before the IOP rises above normal?

270 degrees What quadrant closes last in CACG from narrow angles? Inferior

What iris type sheds the most pigment with a PI (pigment storm)? Dark brown iris







Which direction does gravity pull the pigment?



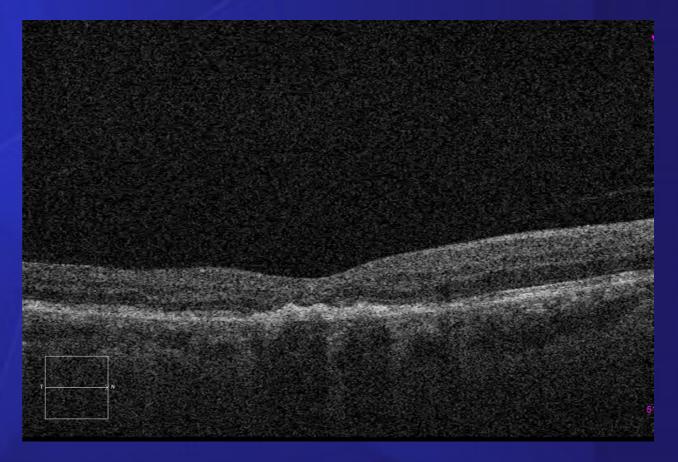
#### • PCIOL with goniosynechialysis: see video



# Combo Laser Warning







Thank you! Questions?