Ophthalmic Ultrasound

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Disclosures

• No financial interest in any of the products or companies discussed

Sound Waves & Their Properties

Properties of Sound Waves

- Wavelength
- Frequency
- Velocity
- · Reflectivity
- Angle of Incidence
- Absorption

Sound Waves passing through an object are slowed by...

- <u>Permeability</u> how readily the object allows the sound wave to pass through it
- <u>*Permittivity*</u> the ability of a substance to store electrical energy in an electric field

Sound Waves

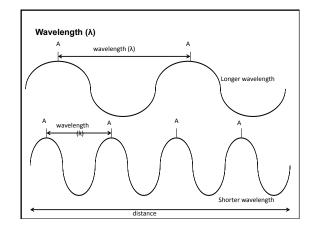


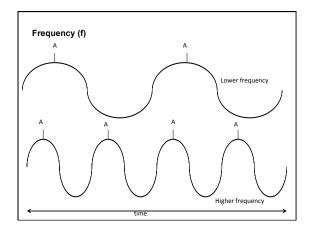
Sound travels faster through solids or liquids?
 Aqueous & Vitreous = 1,532 m/s

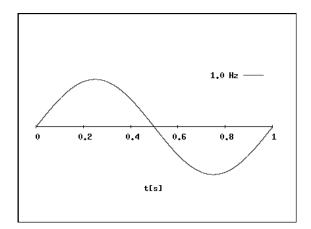
- Cornea & Lens = 1,641 m/s

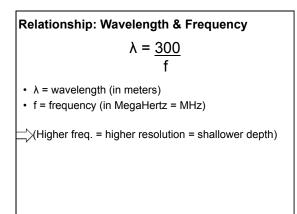
Sound Waves

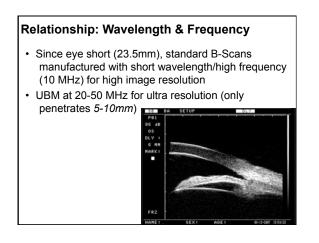
- Wavelength is the <u>distance</u> from one peak of the wave's electric field (wave's peak/crest) to the next, & is inversely proportional to the *frequency* of the wave
- Frequency is the number of <u>oscillations (or cycles) per</u> second







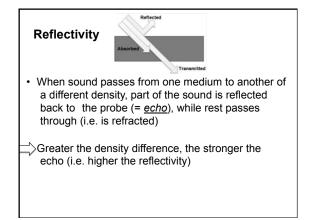




Velocity

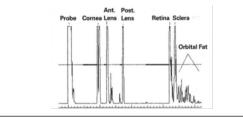


- The rate at which a sound wave's position changes in a particular direction
- Sound wave <u>velocity</u> is dependent on the density of the medium through which its passing
- There are known sound wave velocities when passing through different ocular structures



Reflectivity

- <u>A-scan</u>:
 - Thin, parallel sound beam emitted by probe; echos represented as **spikes** from baseline (stronger echo=higher spike)



Reflectivity

<u>B-scan</u>:

- Oscillating sound beam emitted by probe to image a slice of tissue; echos represented by **dots** on a screen (stronger echo = brighter dot)
- Pulse-Echo (think SONAR)



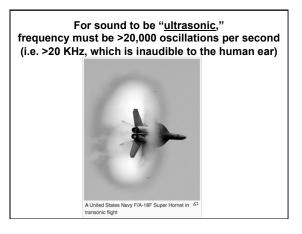
Angle of Incidence

- Critical for ultrasonography
- If probe not held perpendicular to the area of interest, some of the echo is reflected away from the probe tip & lost
- \Box (i.e. oblique angle = compromised ultrasound)
- <u>A-Scan</u>: greater the perpendicularity, *steeper* & *higher* the spike from baseline
- <u>B-Scan</u>: greater the perpendicularity, *brighter* the dots

Absorption



- Ultrasound is absorbed by *every* medium through which it travels
- More dense the medium, the greater the absorption
 (thus more sound wave loss for ensuing structures)
- Trans-*conjunctival* applanation yields higher resolution scan than trans-dermal (since doesn't have to traverse tarsal plate/lid)



Ophthalmic Ultrasound: How Does it Work?

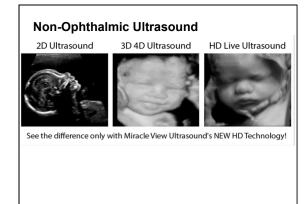
- Applanated probe emits series of pulsed high frequency (ultrasonic) sound waves into eye
- As ultrasonic waves strike various intraocular tissues/ structures, some are reflected back to probe, which routinely pauses for microseconds to receive signals & reconstruct on-screen (i.e. pulse-echo system) = think sonar!
- Probe then converts reflected sound waves to electrical signal, either as line (A-scan) or dots on screen (B-scan)

Ophthalmic ultrasound <u>cannot</u> be used to:

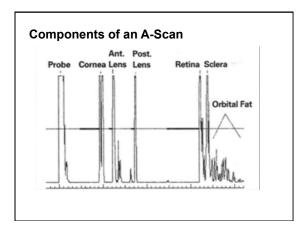
- A) Visualize intraocular structures not otherwise directly visible on examination
- B) Differentiate iris vs. ciliary body lesions
- C) Measure axial length to determine IOL power
- · D) Differentiate intraocular tumors
- E) Differentiate optic nerve drusen from papilledema
- F) Measure corneal thickness
- G) Treat glaucoma
- H) None of the above (i.e. all are true)

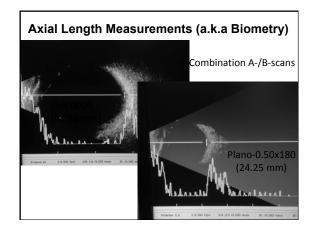
Ophthalmic Ultrasound (a.k.a. Echography)

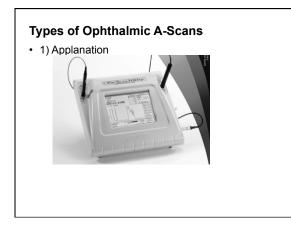
- Uses ultrasonic sound waves to:
- Determine axial length of the eye (IOL calculations)
 = A-scan
- Examine the eye when direct visualization is impeded/compromised = B-scan
- Dx & diff. b/t conditions = B-Scan, A-Scan, UBM
- In OCT = A-scans & B-scans
- Measure central corneal thickness = Pachymetry
- To treat ocular disease?

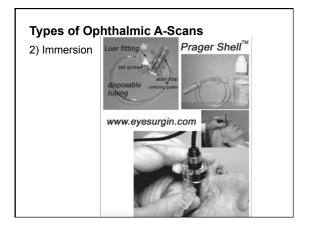


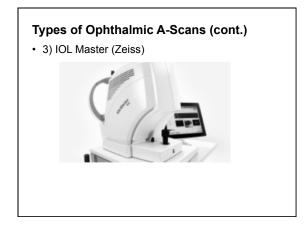


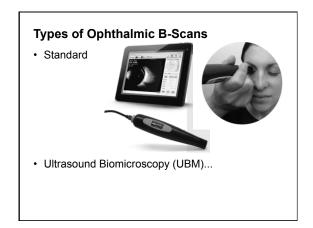


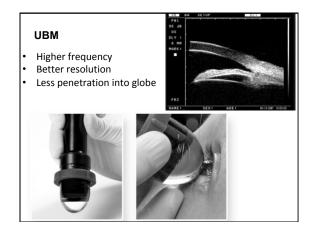






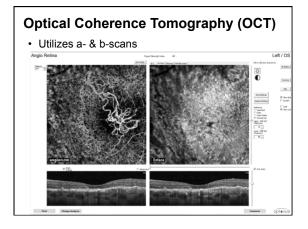






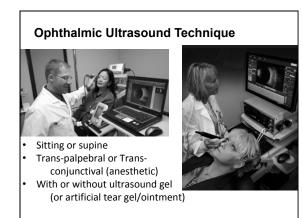
Pachymetry

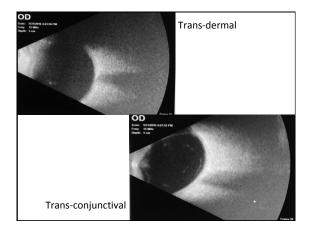
- Measurement of corneal thickness
 Optical; or
 - Using ultrasound technology

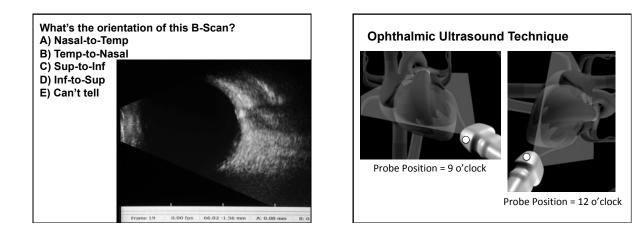


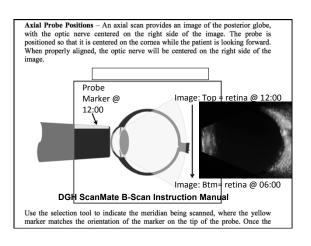
B-Scan Adjustments

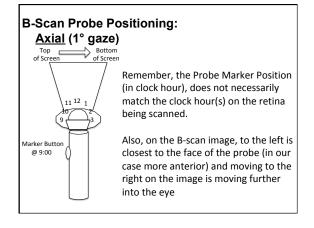
- <u>Gain</u> = the "sensitivity" of the instrument
 - Increase gain = weaker signals more easily viewed
- Decrease gain = weaker signals disappear
- <u>Contrast</u>
- Intensity

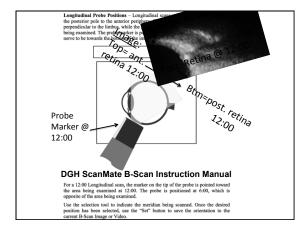


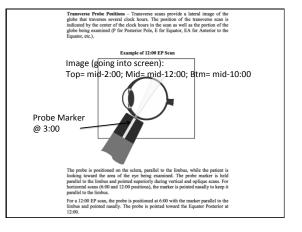


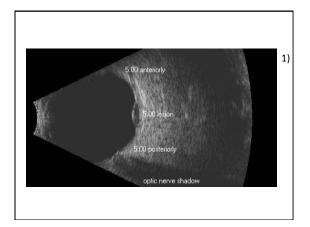


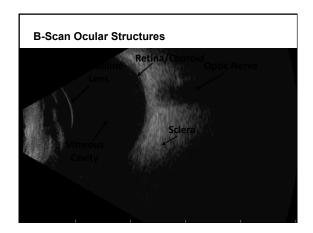


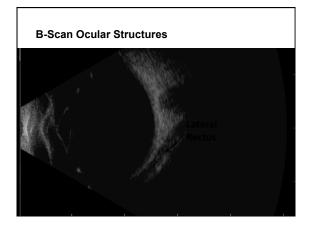


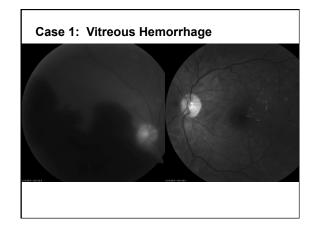


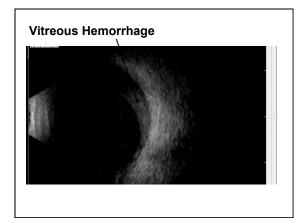


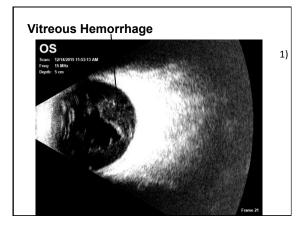


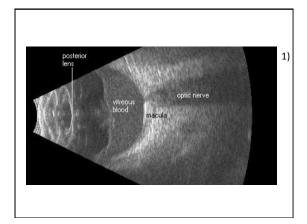


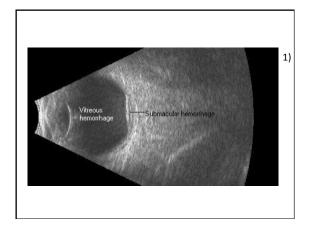


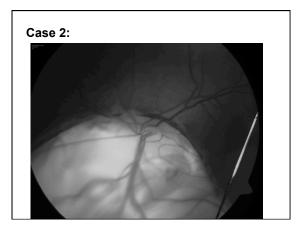


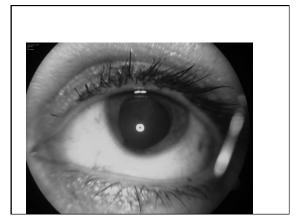






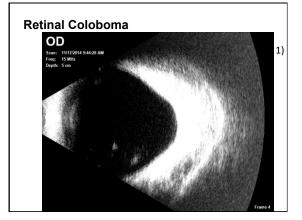


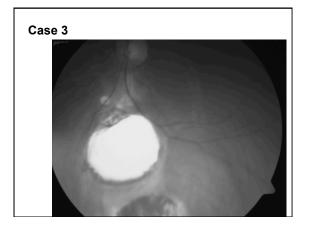


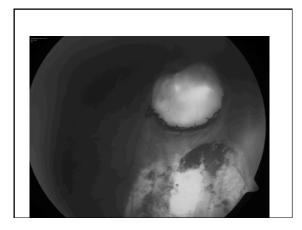


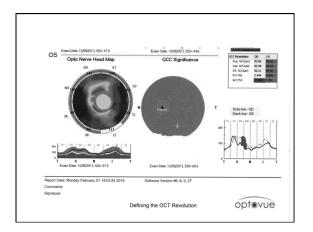
Diagnosis?

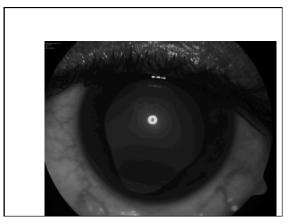
- A) Retinoblastoma
- B) Choroidal Melanoma
- C) Posterior Staphyloma
- D) Coloboma

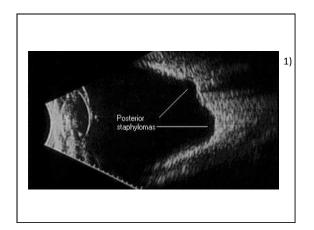


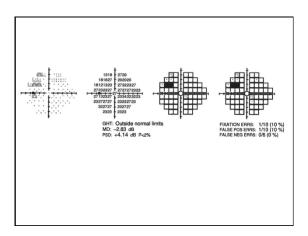


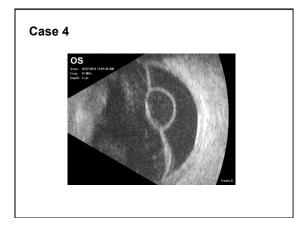


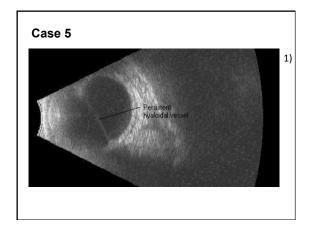




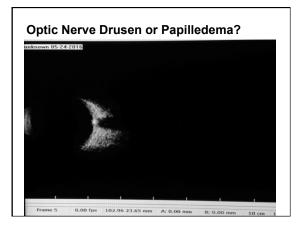


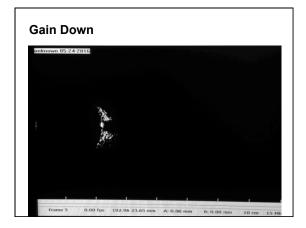


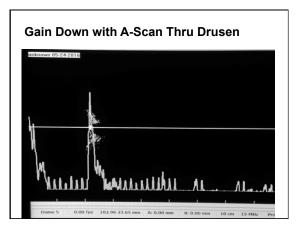


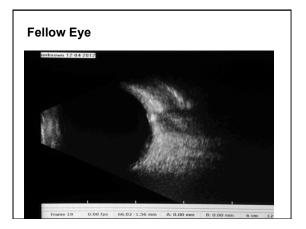






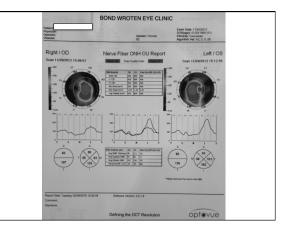


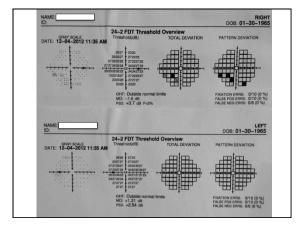


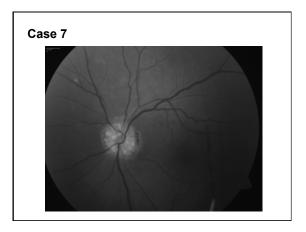


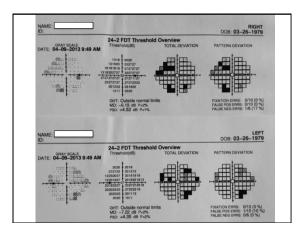


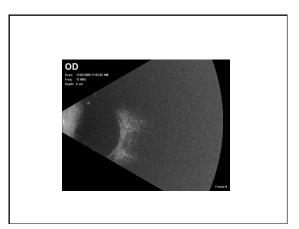


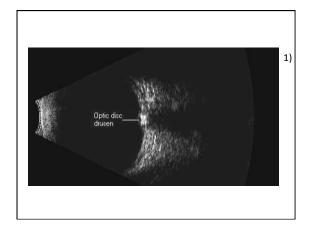


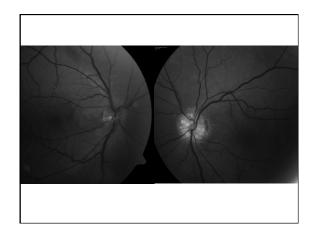




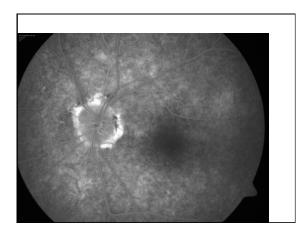






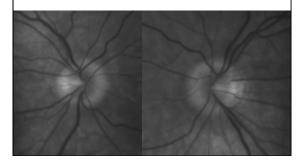


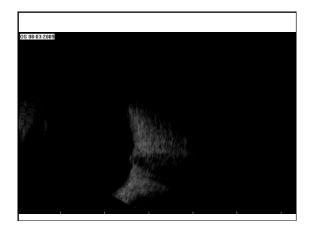


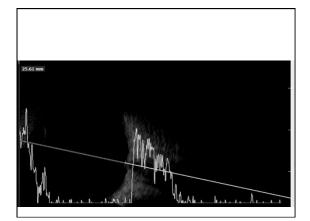


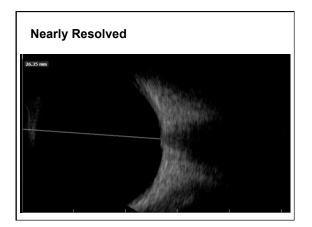


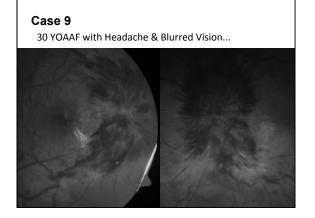
Young Adult Caucasian Female presents c/o severe headache



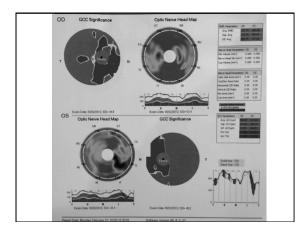




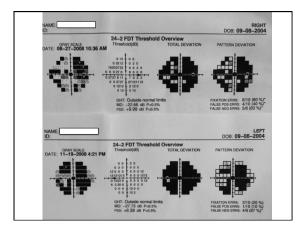


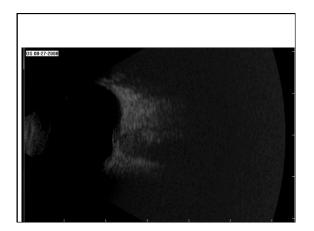


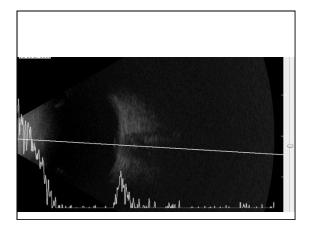


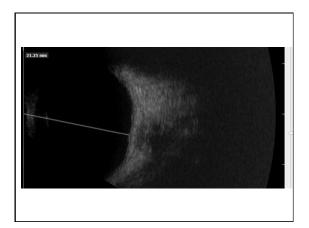


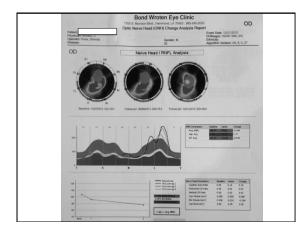


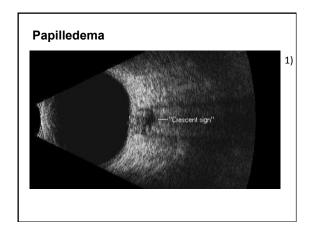






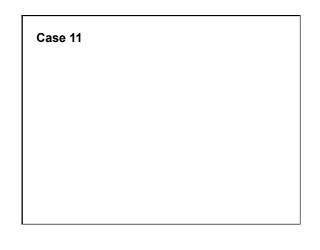


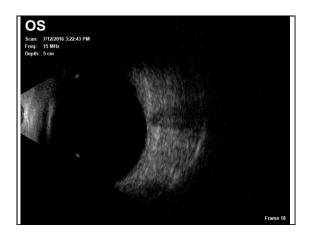


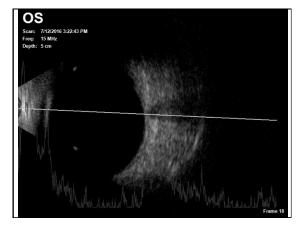


30 Degree Test for Papilledema

- Perform A-Scan in Primary Gaze & measure width of Optic Nerve
- Repeat with 30° ~Gaze Shift
- If Optic Nerve Width DECREASES = PAPILLEDEMA

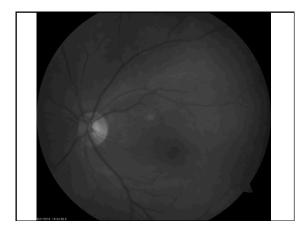






Case 12

- 77 Y.O. Caucasian Female
- Comprehensive Eye Exam
- Previously told had "freckle" in OS
- BCVA: ~20/25 OD, OS
- Mild Cataracts
- Fundus...

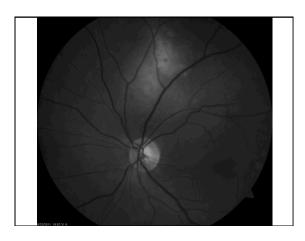


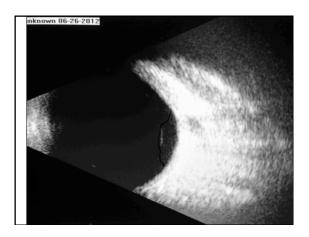


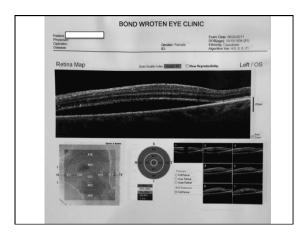
- What would you do?
 - A) RTC x 3-4 mos for repeat DFE & fundus photos
 - B) RTC x 1 yr for GEE/DFE
 - C) Consult Retina stat
 - D) Order additional testing (e.g. IVFA, B-Scan)

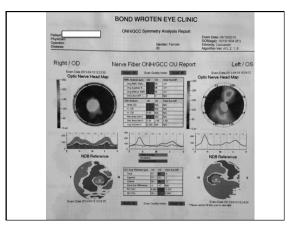
• Lost to f/u x 11 months then RTC c/o dry eyes...

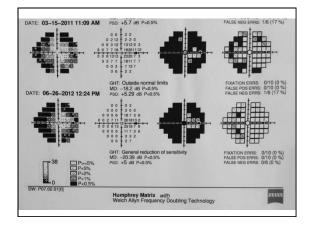


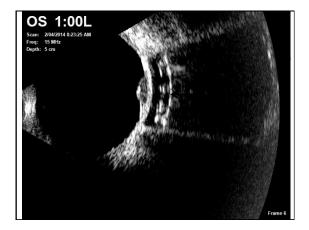


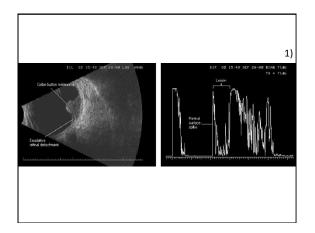






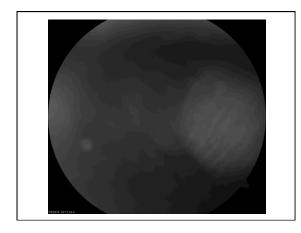


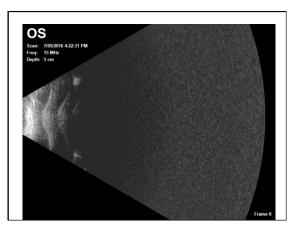


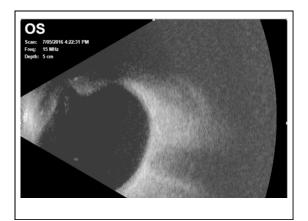


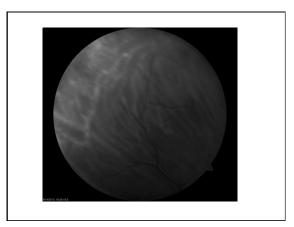
Case 13: 36 YOWF presents for CL Exam

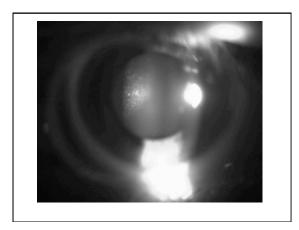
- Compound Myopic Astigmat
- History & Anterior Segment Exam Unremarkable
- Peripheral Retinal Exam...

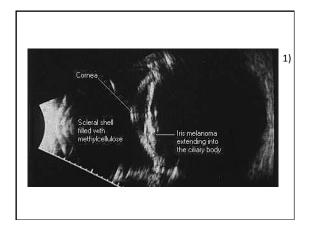


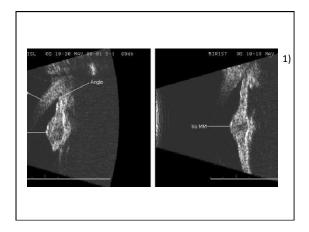


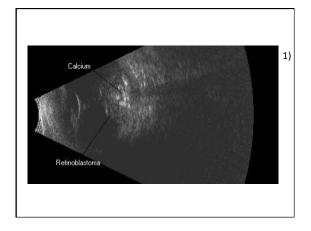


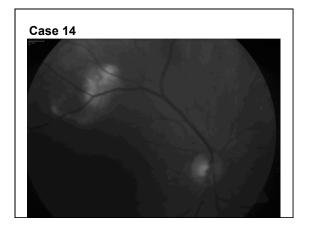


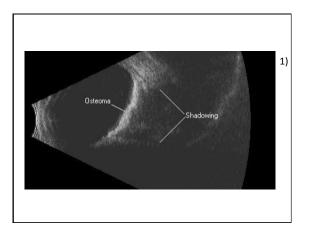


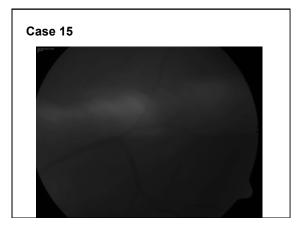




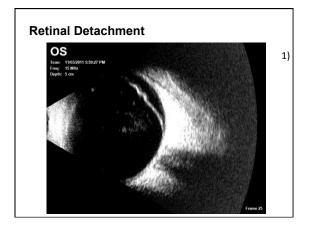


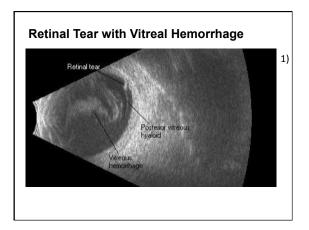


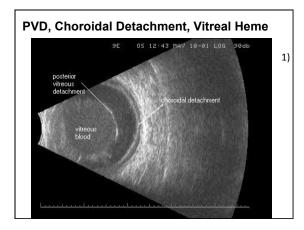


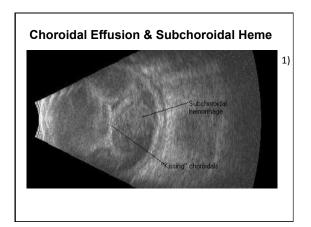


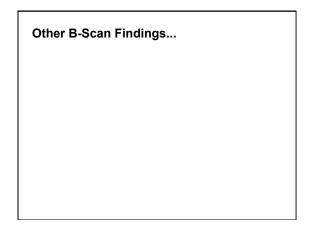


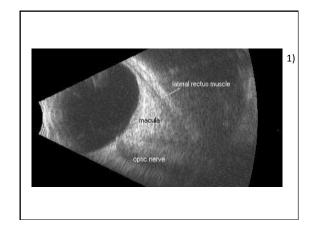


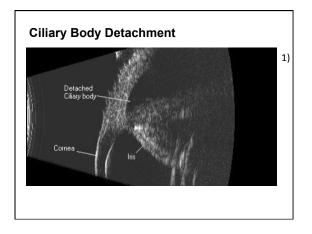


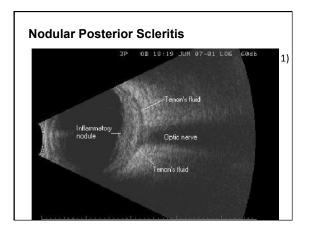


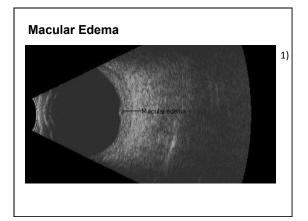


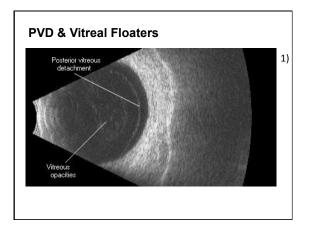


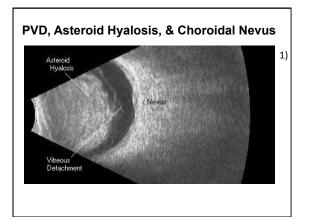


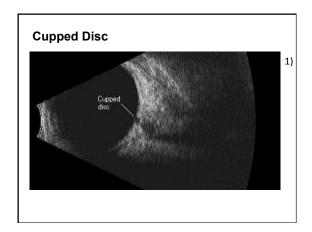












Ophthalmic Ultrasound: A-Scan Indications

- · Measure axial length of the eye
- Determine IOL power
- · Differentiate pathology

Ophthalmic Ultrasound: B-Scan Indications

- Severe lid edema
- Partial/total tarsorrhaphy
- · Keratoprosthesis
- · Corneal opacities (scars, severe edema)
- Hyphema
- Hypopyon
- Miosis
- · Iridodialysis/corectopia
- · Pupillary Membranes
- Dense Cataracts
- Phthisis Bulbi

Ophthalmic Ultrasound: B-Scan Indications

- Posterior Staphyloma/Coloboma
- Vitreous opacities (hemorrhage, PVD, inflammation)
- Iris Lesions (cysts, tumors)
- Ciliary Body Lesions (cysts, tumors)/Detachments
- Differentiating Intraocular Tumors
- Serous vs. Hemorrhagic Choroidal Detachments
- Rhegmatogenous vs. Exudative Retinal Detachments
- · Optic Nerve Drusen vs. Papilledema
- · Pseudopapilledema vs. Papilledema

Ophthalmic Ultrasound: Pachymetry Indications

- Central Corneal Thickness for Glaucoma (1 time)
- Corneal edema
- Fuch's Endothelial Dystrophy
- Microcystic Edema
- Post-intraocular surgery
- Corneal Ectasia (keratoconus, pellucid marginal degen.)
- Remember, pachymetry can performed be via ultrasound <u>or</u> optical method

CPT 76511: Ophthalmic ultrasound, diagnostic; quantitative A-Scan only

- Medicare/Novitas (LA) = \$94.86
- BC/BS (LA) = \$115.20

CPT 76516: Ophthalmic biometry by ultrasound echography, A-Scan

- Medicare/Novitas (LA) = \$72.92
- BC/BS (LA) = \$87.38

CPT 76519: Ophthalmic biometry by ultrasound echography, A-Scan; with intraocular lens power calculation

• Medicare/Novitas (LA) = \$84.04 • BC/BS (LA) = \$85.38

CPT 76513: Ophthalmic Ultrasound, diagnostic; anterior segment ultrasound, immersion (water bath) B-scan or high resolution biormicroscopy

- Medicare/Novitas (LA) = \$88.33 = \$106.61
- BC/BS (LA)

CPT 76512: Ophthalmic Ultrasound, diagnostic, B-Scan; with or without superimposed non-quantitative A-scan

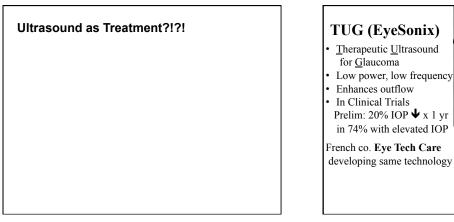
- Medicare/Novitas (LA) = \$93.08
- BC/BS (LA) = \$125.34

CPT 76510: Ophthalmic Ultrasound, diagnostic, B-Scan and quantitative A-scan performed during the same patient encounter

• Medicare/Novitas (LA) = \$159.37 BC/BS (LA) = \$190.46

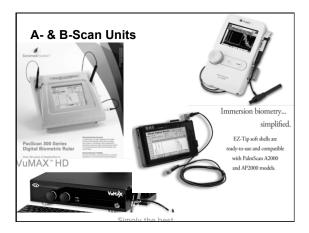
<u>CPT 76514</u>: Ophthalmic Ultrasound, diagnostic; corneal pachymetry, unilateral or bilateral, determination of corneal thickness

- Medicare/Novitas (LA) = \$15.53
- BC/BS (LA) = \$15.33
- Covered once per lifetime for Glaucoma & Glaucoma Suspect codes, and generally as indicated for corneal ectasia & edema
- NOTE: There are other specific ultrasound CPT codes, too (e.g. CPT 76529 – Ophthalmic ultrasonic foreign body localization; CPT 76970 – Ultrasound study follow-up)

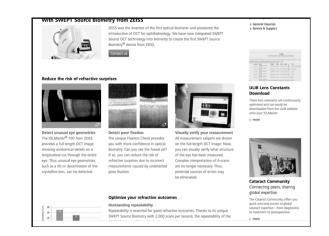


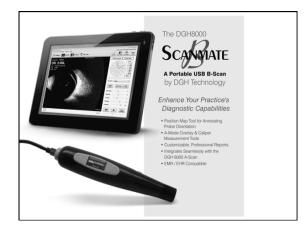


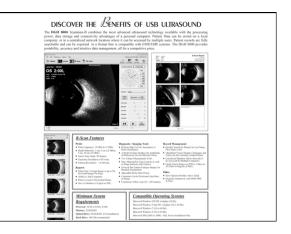






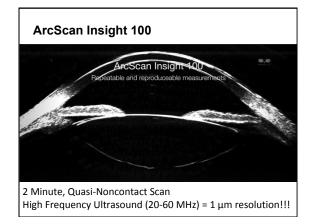


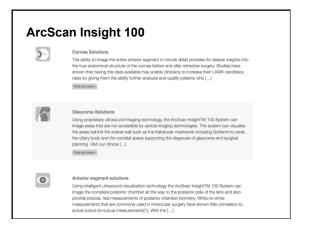














Ophthalmic Ultrasound...

· 30 seconds to learn...a lifetime to master!

Acknowledgements, References, & Resources

- "B-Scan Ocular Ultrasound", Rhonda Waldron & Thomas Aaberg, Jr., M.D., et al, *Medscape Online*, May 09, 2016. – background material, some A- & B-scan images
- DGH 6000 (Scanmate-A) Operator's Manual background material
- 3) Various manufacturer's images & websites (DGH, Quantel, Reichert, Accutome, Alcon, etc.)
- Ophthalmic Ultrasound: A Diagnostic Atlas, 2nd ed., C.W. DiBernardo & Ellen Greenberg, Thieme, 2006.
- The Sankara Nethralaya Atlas of Ophthalmic Ultrasound and Ultrasound Biomicroscopy, 2nd ed., Muna Bhende, et. al., Jaypee Brothers Medical Publishing, 2013.

