Nd:YAG Capsulotomy

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Financial Disclosure

•Lumenis – Speaker

•All relevant relationships have been mitigated

Objectives

- •Intro
- •Overview of laser physics
- •PCO
- Contraindications
- Nd:YAG capsulotomy procedure
- Videos
- Rarities
- Considerations
- Looking to the future

What makes a good surgeon?

"Intelligence, professionalism, conscientiousness, creativity, courage, and perseverance on behalf of your patients are the critical factors, and they outweigh the small differences in dexterity among most medical students."

-American College of Surgeons



What makes a good surgeon?

Specialist knowledge

Good communication skills

Bright eager mind, manual dexterity

Extensive experience of pre and post operative care

Ability to adapt and think on your feet

Leadership skills

Ability to inspire confidence in others

Emotional resilience

-Royal College of Surgeons of England







Why learn how to do laser procedures?

Capsulotomy

 Before laser capsulotomy there was manual capsulotomy with a cystotome

 Manual capsulotomy may still be done from time to time



Nd:YAG Capsulotomy

- Photodisruptive tissue interaction
- •Lasers allow non-invasive techniques
 - Enabling surgical intervention if a problem exists
 - Which may be many years after time of cataract surgery



LASER

•Light Amplification by Stimulated Emission of Radiation

Some Basic Features



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https://www.youtube.com/watch?v=_JOchLyNO_w&t=758s



https://sites.google.com/a/coe.edu/principles-of-structural-chemistry/relationship-between-light-and-matter/electromagnetic-spectrum and the second structural stru

3 Key Components

- Stimulated absorption
 - Media is pumped with laser diode or flashlamp/tube = optically pumped
 - Neodymium doped yttrium aluminum garnet crystal
 - Excited state

- Spontaneous emission
 - Electrons fall from excited state to metastable state, then to other states/groundstate
 - Metastable state allows creation of population inversion

- Stimulated emission
 - Photon released during spontaneous emission during fall from metastable state interacts with another metastable state electron, causing emission of 2 photons in a packet
 - Packets of photons with same directionality, frequency, and coherence
 - Becomes the emitted light energy of laser

Output

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• May be continuous or pulsed

• 1064nm – not visible

• Pulse duration 3-7ns

Pulsing may occur via several different mechanisms

- Variable input from source
- Q-switch
- Mode-locking

Focused beam (16 degree cone angle)

Q-Switch

- Multiple forms and complexities
- It is a special modulator the prevents the ability to lase
- Prevents the population inversion from decreasing (returning to ground state)
- Therefore increases population inversion until a maximum is achieved
- Q-switch opens and a large pulse of energy is released in short time frame
 - Allows for milli, nano, pico, femto second durations, applicable to different laser techniques

Rudimentary Schematics of Continuous Wave Nd:YAG vs Short Pulsed Q-Switched Nd:YAG



https://www.ucy.ac.cy/phy/documents/Documents/theses/undergraduate_theses/InN_nanowires-Loucas_Eracleous.pdf





General Laser/Tissue Interaction

- Transmission
- Reflection
- Scatter
- Absorption

Capsulotomy is pigment independentIR light has deep penetration



Optical Focus and Plasma Formation

• HeNe aiming beam

• Laser lens (Abraham lens)

- Concave mirrors and other optics of the laser converge the 1064nm wavelength photons on an infinitely small focal point
 - Fixed spot size of ~8 microns

• Dielectric breakdown and plasma formation

Acoustic shockwave and photodisruption

Critical Focus

- Can have non-linear optical breakdown
- We want to work close to the plasma threshold at our focal point

- Suprathreshold, different interfaces/debris, and a smaller cone angle can influence unwanted plasma formation and a more anterior breakdown
- Larger cone angle localizes plasma near our focus
- Essentially the Abraham lens increases our cone angle and tightens up our focus
 - Leads to less optical breakdown of our laser beam while promoting plasma formation at our focus



Indication For Posterior Capsulotomy

Posterior capsular opacification (PCO)

- Associated with decreased visual acuity, glare, photophobia
- Impairment of visual function (interferes with patient's needs and quality of life)



https://www.oclvision.com/blog/what-is-a-yag-laser-treatment/



What is PCO?

- Lens epithelial cells (LECs) leftover in capsular bag following cataract surgery
- Proliferation, migration, epithelial to mesenchymal transition (EMT), collagen deposition, and lens fiber regeneration mechanisms
- 2 Types of PCO
 - Fibrous
 - LECs proliferate and migrate, undergo EMT and fibrous metaplasia
 - Causes wrinkles/folds in posterior capsule
 - Pearl
 - Equatorial LECs cause regeneration of crystallin expressing lenticular fibers, forms Elschnig pearls and Soemmering's ring
 - Most common form of PCO





RESEARCH ARTICLE

Open Access

Optical coherence tomography for an in-vivo study of posterior-capsule-opacification types and their influence on the total-pulse energy required for Nd:YAG capsulotomy: a case series

Gregor Hawlina^{1*}, Darko Perovšek¹, Brigita Drnovšek-Olup¹, Janez Možina² and Peter Gregorčič²

Abstract

Background: Posterior capsule opacification (PCO) is the most common post-operative complication associated with cataract surgery and is mostly treated with Nd:YAG laser capsulotomy. Here, we demonstrate the use of high-resolution spectral-domain optical coherence tomography (OCT) as a technique for PCO analysis. Additionally, we evaluate the influence of PCO types and the distance between the intraocular lens (IOL) and the posterior capsule (PC), i.e., the IOL/PC distance, on the total-pulse energy required for the Nd:YAG laser posterior capsulotomy.

Methods: 47 eyes with PCO scheduled for the Nd:YAG procedure were examined and divided into four categories: fibrosis, pearl, mixed type and late-postoperative capsular bag distension syndrome. Using custom-made computer software for OCT image analysis, the IOL/PC distances in two dimensions were measured. The IOL/PC distances were compared with those of a control group of 15 eyes without PCO. The influence of the different PCO types and the IOL/PC distance energy required for the Nd:YAG procedure was analyzed.

Results: The total-pulse energy required for a laser capsulotomy differs significantly between PCO types (p = 0.005, Kruskal-Wallis test). The highest energy was required for the fibrosis PCO type, followed by mixed, pearl and late-postoperative capsular bag distension syndrome. The IOL/PC distance also significantly influenced the total-pulse energy required for laser capsulotomy (p = 0.028, linear regression). Lower total-pulse energy was expected for a larger IOL/PC distance.

Conclusions: Our study indicates that the PCO types and the IOL/PC distance influence the total-pulse energy required for Nd:YAG capsulotomy. The presented OCT method has the potential to become an additional tool for PCO characterization. Our results are important for a better understanding of the photodisruptive mechanisms in Nd:YAG capsulotomy.

Keywords: Capsular bag distension syndrome, Capsulotomy, High-resolution spectral-domain optical coherence tomography, Nd:YAG, Posterior capsule opacification



Incidence?

• Dependent on implant type, surgical experience, level of surgical complication, materials used during surgery

• Silicone, hydrophilic acrylic, hydrophobic acrylic?



Contraindications

- Uncontrolled IOP
- Inadequate visualization of target
- Inadequate stability of the eye
- No potential for improvement in vision post procedure
- Uncooperative patient

Pre-operative

History

• IOP

- When cataract surgery, IOL type, complications?
- Entrance testing

- DFE
 - Determine retinal stability, evaluate vitreous stability, look for vitreous strands/adhesions to IOL

• Refract?

- Macular OCT recommended
 - Fully assess macular profile looking for foveal irregularity, current or prior maculopathy

- •Slit lamp
 - Look at pupil size prior to dilation and what PCO is present in the visual axis

Pre-operative

- Informed consent*
 - Educate the patient on what the procedure is, why we are doing it, what outcome to expect, risks and benefits of doing/not doing the procedure, alternative procedures, and complications
- Dilate with 1% tropicamide and consider 2.5% phenylephrine if needed
- •1 drop of brimonidine in operative eye 15-30 minutes prior
- •1 drop of proparacaine in operative eye and fellow eye
- Use Genteal Gel, Celluvisc, Goniosol etc. as lubricant for Abraham lens
- Educate the patient on what do expect during the procedure

The Procedure

• Laser settings:

- Energy settings vary depending on thickness and extent of opacity
 - Initial energy may range from 0.8-2.5mJ
 - We typically start at, and recommend staying within, 1.0-2.0mJ and adjusting from there based on laser/tissue interaction
- Spot size is fixed, about 8microns
- Pulse duration, 3-7ns
- 1 pulse
- Offset is 125-500 of posterior offset, most commonly 250um

The Procedure

- Focus HeNe beams on target of interest
- Fire laser and observe tissue interaction
 - If interaction is adequate, continue procedure
 - If interaction is not adequate
 - Adjust focus and/or energy settings and continue
- We want size to be larger than pupil size in normal dim conditions (before pharmacologic dilation)
 - Approximately 4-5mm in diameter
 - Do not extend capsulotomy beyond diameter of IOL edges (IOLs are typically 6mm in diameter)
 - Keep at 4mm or less if Cyrstalens
- Perform cruciate or circinate pattern
- Ensure remaining corners/edges/vitreous adhesions are not obstructing visual axis and surrounding areas
- Procedure is completed, evaluate your work before leaving laser



https://www.healio.com/news/ophthalmology/20180921/two-techniques-effective-for-yag-laser-capsulotomy



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 Vol. 11,
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 Feb.18,
 2018
 www.ijo.cn

 Tel:8629-82245172
 8629-82210956
 Email:ijopress@163.com

Clinical Research

Comparison of two Nd:YAG laser posterior capsulotomy: cruciate pattern vs circular pattern with vitreous strand cutting

Jin-Soo Kim¹, Jung Yeol Choi², Ji-Won Kwon³, Won Ryang Wee¹, Young Keun Han^{1,2}

- Differences in total energy?
- Pits?
- Retraction?
- Hinge?
- Preference?































Endocapsular/Intracapsular Hematoma







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Anterior Capsular Contraction



Visilsel, Jesse. "Anterior Capsule Phimosis." Atlos Entry - Anterior Capsulor Phimosis, http://webeye.ophth.uiowa.edu/eyeforum/atlas/pages/capsular-phimosis/index.htm.



Vitreous Wick Syndrome



аннов, пенао, на тидо импизаниято. Ческой ится знатопи, турити, 2448, 2022, перадуручиканося у чесой итсе знатопи.

Post Operative

- May need to rinse or clean eye
- 1 drop of brimonidine in post surgical eye
- Consider checking IOP post procedure, 30min 1hr
- Rx prednisolone acetate 1gtt QID in post surgical eye for 1 week
- Educate patient on signs and symptoms of complications
- Schedule patient for 1 week follow up and tell them to RTC sooner if they note decline in vision or comfort
- Record number of total pulses, total energy used, which eye procedure was done on, and how well the
 patient tolerated the procedure in your EHR chart

Check IOP?



Intraocular Pressure Spikes following Neodymium-doped Yttrium Aluminum Garnet Laser Capsulotomy: Current Prevalence and Management in Israel



Clinical Ophthalmology

Dovepress

8 Open Access Full Text Article

ORIGINAL RESEARCH

Effect of Nd:YAG laser posterior capsulotomy on intraocular pressure, refraction, anterior Anil Parajuli¹ Purushottam Joshi² Prabha Subedi³ depth, and macular thickness Chandni Pradhan

> This article was published in the following Dove Press journal: Clinical Ophthalmology

Clinical Study

Hindawi Publishing Corporation

http://dx.doi.org/10.1155/2014/846385

Journal of Ophthalmology Volume 2014, Article ID 846385, 5 pages

The Effect of ND:YAG Laser Posterior Capsulotomy Size on **Refraction, Intraocular Pressure, and Macular Thickness**

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² Department of Ophthalmology, Izmir University, Yeni Girne Bulvari 1825, Sokak No. 12, Karsiyaka, 35510 Izmir, Turkey

Size?

Energy?

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Int J Ophthalmol, Vol. 11, No. 7, Jul. 18, 2018 www.ijo.cn Tel:8629-82245172 8629-82210956 Email:ijopress@163.com

Clinical Research

Induction of oxidative stress in human aqueous and vitreous humors by Nd:YAG laser posterior capsulotomy

Loredana Bergandi¹, Oleksii A Skorokhod^{1,2}, Federica Franzone³, Rosalba La Grotta¹, Evelin Schwarzer¹, Raffaele Nuzzi³

 CONCLUSION: These data, clearly suggest that any change that Q-switched Nd:YAG photo disruption may cause in the aqueous and vitreous compartments, resulting in a higher level of oxidative damage might be of considerable clinical significance particularly by accelerating the aging of the anterior and posterior segments of the eye and by worsening the intraocular pressure, the uveal, the retinal (especially macular) pathologies.



Complications

- IOP spike most common
- Inflammation second most common
- IOL damage Pits
- Floaters Benign problem, but will settle out of vision during post-operative period
- CME rare
- Retinal detachment rare

Follow-up

•At 1 week follow up:

Look closely for inflammation and retinal complications on your DFE
Refraction?

• If all is well, d/c prednisolone acetate, release back to referring doctor



- Looking to the future
 - Limiting incidence?
 - Silicone
 - Hydrophilic acryclic
 - Hydrophobic acryclic
 - Hydrophilic with hydrophobic surface
 - Pharmacologics
 - Intracameral?
 - Drug loaded IOLs?
 - How?



Fig. 1. Post-cataract surgery complications and the corresponding prophylaxis/treatment.



International Journal of Pharmaceutics 602 (2021) 120613



Review



Intraocular lenses as drug delivery devices

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ARTICLE INFO

Keywords: Cataracts surgery Endophthalmitis Ocular inflammation Posterior capsule opacification Intraocular lenses Drug delivery

ABSTRACT

Cataract surgery is one of the most common and safe surgical procedures nowadays. However, it is not free of risks as endophthalmitis, ocular inflammation and posterior capsule opacification (PCO) can appear as postsurgery complications. The usual eye drop therapy used as prophylaxis for the former two complications has limited bioavailability. In turn, the prevention of PCO involves an adequate surgical technique and a careful choice of intraocular lens (IOL) design and material. Also, different drugs have been tested to reduce incidence of PCO, but no prophylaxis demonstrated to be completely effective. In the past few years, IOLs have been proposed as drug delivery devices to replace or/assist the usual eye drop therapy in the post-operatory period. The great advantage of drug loaded IOLs would be to ensure a continuous drug delivery, independent of patient's compliance without requiring any further action besides IOL implantation. The biggest challenge of drug loaded IOLs production is to achieve a controlled and extended release that meet therapeutic needs without inducing toxicity to the surrounding ocular tissues or affecting the physical properties of the lens.

This review starts by addressing the possible complications after cataract surgery, as well as the most commonly adopted prophylaxis for each of them. The various types of IOLs are described and their main advantages/disadvantages are discussed. The different strategies pursued to incorporate drugs into the IOLs and control their release, which include soaking the IOL in the drugs solution, supercritical impregnation, surface modifications, and attachment of drug reservoirs to the IOL, among others, are reported. For each strategy, a summary of the publications is presented, which includes the target complication, the types and amounts of released drugs and the IOL materials. A brief description of each individual study is given afterwards. Optimization of drug loaded IOLs through mathematical modelling and possible issues raised by their sterilization are also tackled. At the end, the future commercialization of drug loaded IOLs is commented.



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Check for updates

ORIGINAL ARTICLE

Quantification of Inflammation Following Nd:YAG Laser Capsulotomy and Assessing the Anti-inflammatory Effects of Nepafenac 0.1% and Betamethasone 0.1%

Jitender Jinagal, мs^{*}, Sabin Sahu, мs^{*}, Gaurav Gupta, мs[®], Surbhi Khurana, мs, Rohit Gupta, мs, Parul Chawla Gupta, мs, and Jagat Ram, мs

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Circular YAG laser anterior capsulotomy for anterior capsule contraction syndrome

Mohamed Nagy Elmohamady no · Ashraf Elhabbak · Elham Abdelazim Gad

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Souza et al. Int J Retin Vitr (2020) 6:1 https://doi.org/10.1186/s40942-019-0205-8

International Journal of Retina and Vitreous

ORIGINAL ARTICLE

Open Access

Objective assessment of YAG laser vitreolysis in patients with symptomatic vitreous floaters

Carlos E. Souza^{1,2}, Luiz H. Lima^{1*}, Heloísa Nascimento^{1,2}, Claudio Zett³ and Rubens Belfort Jr^{1,2}

Clinical trial protocol

Efficacy and safety of Nd:YAG laser vitreolysis for symptomatic vitreous floaters: A randomized controlled trial

European Journal of Ophthalmology 2021, Vol. 31 (3) 909–914 © The Author(s) 2020 Article reuse guidelines: sageub.com/Journals-permissions DOI: 10.1177/1120672120968762 journals.sageub.com/home/ejo \$SAGE

European Journal of Ophthalmology

Gustavo D Ludwig^(b), Henrique Gemelli, Guilherme M Nunes, Pedro D Serracarbassa and Márgara Zanotele



JAMA Ophthalmol. 2017 Sep; 135(9): 918–923. Published online 2017 Sep 14. Prepublished online 2017 Jul 20. doi: 10.1001/jamaophthalmol.2017.2388 PMCID: PMC5710539 PMID: <u>28727887</u>

YAG Laser Vitreolysis vs Sham YAG Vitreolysis for Symptomatic Vitreous Floaters

A Randomized Clinical Trial

Chirag P. Shah, MD, MPH^I and Jeffrey S. Heier, MD¹

Adv Ther (2020) 37:1319–1327 https://doi.org/10.1007/s12325-020-01261-w



REVIEW

Safety and Efficacy of YAG Laser Vitreolysis for the Treatment of Vitreous Floaters: An Overview

Andreas Katsanos 🔞 · Nikoleta Tsaldari · Konstantina Gorgoli ·



Cochrane Database of Systematic Reviews

[Intervention Review]

Nd:YAG laser vitreolysis versus pars plana vitrectomy for vitreous floaters

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Nd:YAG Vitreolysis

- Coaxial illumination laser preferred
- •Need flanged contact lens, midvitreous lens and Karikoff lenses
- •Typically start around 2.5mJ and increase as needed for vaporization
- •Need to stay approximately 2-3mm from lens and 3-4mm from retina
- •Typically more posterior floaters need higher energy settings up to \sim 10mJ
- •Emerging evidence supports the YAG vitreolysis as an option
- •Safety and long-term safety is still questionable
- •YAG vitreolysis vs vitrectomy?
- More data is needed to determine long term safety and recommendations
 - Although YAG vitreolysis is currently a feasible and FDA approved procedure, which is recommended for highly specific populations

UNIVERSITY OF PIKEVILLE Kentucky college of optometry

Global Period

90 Days

Physician Fee Schedule

- CMS.gov
- CPT 66821
- •Non-Facility Price
 - Varies depending on change in RVUs, conversion factors, and geography
 - Averages about \$390
- •Facility Price
 - Same variable factors
 - Averages about \$340

Questions?

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